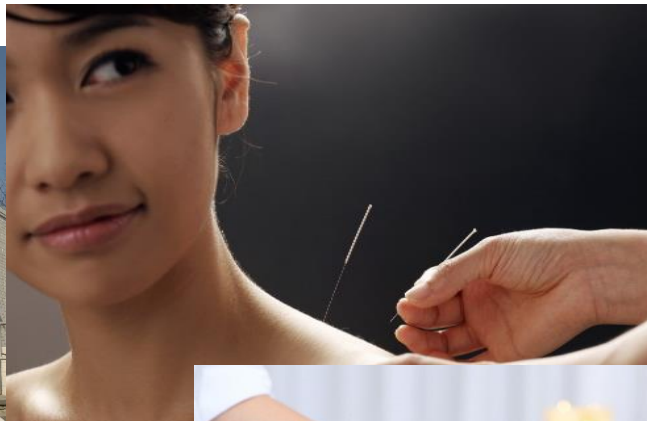




New York COLLEGE

OF HEALTH PROFESSIONS



Pioneering Holistic Health Education for 40 Years

Graduate School of Oriental Medicine Syllabus

www.nycollege.edu

A Message from the President



I warmly welcome you to New York College of Health Professions, an institution dedicated to preparing professional leaders and practitioners in the field of Holistic Health and Integrative Medicine. With our Holistic approach to education and clinical practice, we blend Eastern and Western therapies in prevention, healing and the promotion of wellness. New York College is committed to its students, its clinic patients and the general population through our unique and breakthrough technologies in healthcare and related industries.

We are proud to be an educational center with national institutional accreditation dedicated to becoming the gold standard in our field.

The College's clinic facilities at Bellevue Hospital and Syosset provide opportunities for our students, graduates, and faculty to immerse themselves into all forms of medicine.

New York College maintains very affordable tuition while preserving standards that let us to be one of the few institutions of our kind to have both institutional and programmatic accreditation. In fact, we are the only private not-for-profit institution of our kind in the metropolitan New York City area.

I hope that you will review our catalog and website at www.nycollege.edu, visit us on campus or at the site at Bellevue Hospital and join with us in helping the world solve its health problems through a holistic approach.

A Li Song, President

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About New York College of Health Professions

Founded in 1981, New York College of Health Professions is the leader in holistic health education. Institutionally accredited by the New York State Board of Regents and Commissioner of Education¹, the College offers programs in Massage Therapy (Associate of Occupational Therapy), Acupuncture (Bachelor of Professional Studies/Master of Science) and Oriental Medicine (Bachelor of Professional Studies/Master of Science). The Acupuncture and Oriental Medicine programs are also programmatically accredited by the Accrediting Commission for Acupuncture and Oriental Medicine².

The College is committed to excellence in health care education. Members of the faculty serve on the boards of national and state organizations and are helping to raise the standards of the holistic health professions to levels of excellence.

The current student body represents a cross section of ages, nationalities, ethnicities, and interests, all sharing a common goal to positively impact the health care system. The growing acceptance of Traditional Chinese Medicine (TCM) and complimentary care integrated with western medicine will continue to enhance career opportunities. Alumni report that their comprehensive education and training have prepared them to effectively participate in health care activities in the 21st century.

Vision

New York College of Health Professions is committed to the maintenance and enhancement of health, including physical health, psychological health, and spiritual health. In the service of this commitment, the College seeks affiliations with other institutions and explores a wide variety of approaches to enhancing and maintaining wellness and quality of life.

Mission

New York College of Health Professions is dedicated to offering quality degree programs in holistic health. The mission as three main components.

Education: To provide students with the knowledge and skills to enable them to become expert practitioners in their fields. To provide the knowledge and skills to enhance the health, wellness, and quality of life in the larger community, and to develop educational materials to achieve the same purpose.

Service: To provide clinical and pharmacological services to the community as a complement of the program of professional education. To provide services and products to the community that complement the programs offered by the College.

Research: To develop and implement, with outside parties, new product development in health care, wellness, and quality of life products.

¹ 89 Washington Avenue, Albany, NY 12234 Tel: (518)474-3852

² 8941 Aztec Drive, Suite B, Eden Prairie, MN 55347 Tel: (952)212-2434

Educational Objectives

The following are the principal educational objectives in support of the College's Mission:

- To provide students with the knowledge, skills, and professionalism to become highly qualified practitioners in select health care fields.
- To enable students to be fully capable of obtaining employment in their health care field.
- To prepare students to pass the licensure and/or certification exams required to become licensed or certified practitioners in the state of New York.
- To develop in students a sense of ethical responsibility in the therapist-client dynamic and with fellow practitioners.
- To provide students with an appreciation for continued learning throughout their professional careers.

Educational Opportunities

The programs offered by New York College of Health Professions provide the highest standards of education and training in massage therapy, acupuncture, and oriental medicine. The College is breaking new ground and creating a bridge between Traditional Chinese Medicine with western medicine by creating an alliance with Bellevue Hospital, a major medical institution in the New York City metropolitan area.

Why Holistic Health Care

The National Center for Complementary and Integrative Health or the NCCIH (formerly the National Center for Complementary and Alternative Medicine,) a component of the NIH, is the federal government's lead agency for scientific research on Complementary and Alternative Medicine (CAM). Founded in 1999, it uses rigorous scientific investigation to define the usefulness and safety of complementary and alternative medicine interventions (CAM) and to provide the public with research-based information to guide health-care decision making.

As defined by the NCCIH, CAM includes a large and diverse group of interventions, practices, and disciplines, including those taught at New York College of Health Professions such as massage therapy, acupuncture, herbal medicine, yoga, Qi Gong and Tai Chi, which are used to improve health and well-being and in the treatment of illness or symptoms such as chronic pain or stress. Analysis by the NCCIH and the Centers for Disease Control of research data from a 2012 National Health Interview Survey³ on the use of complementary modalities found that about 59 million Americans spend up to \$39.2 billion a year out-of-pocket on CAM. This represents 9.2% of the total out-of-pocket expenditures in health care⁴. There is great interest across many health care disciplines regarding the potential application of some CAM approaches to a variety of challenging health problems and to health promotion. In large part this interest is based on emerging evidence from research carried out over the past decade. In

³ [http:// nih.gov](http://nih.gov)

⁴ [http:// nccih.nih. gov/research/results/spotlight/americans-spend-billions](http://nccih.nih.gov/research/results/spotlight/americans-spend-billions)

several studies acupuncture was found to ease chronic pain such as low-back pain and neck pain. It may also help reduce the frequency and tension of headaches and prevent migraines. Chronic back pain, which affects approximately 25% of adults, is by far the most frequent health problem for which Americans turn to CAM. A recent Wake Forest Medical School and Duke University School of Medicine study funded by the NCCIH found that when compared to the usual care, acupuncture may significantly reduce hot flashes associated with menopause⁵. The World Health Organization recognizes acupuncture and oriental medicine as effective for over 43 common ailments.

Research on massage therapy is conducted annually by the American Massage Therapy Association (AMTA). Their 2016 consumer survey reports that 78% of individuals who received a massage in the past year did so for medical reasons such as pain relief, soreness, spasms, injury recovery, pregnancy, migraines and stress relief. Their research estimates Massage Therapy as a \$12.1 billion industry in the US with roughly 43.8-57.8 million adults (19-25%) having had at least one massage between July 2015 and July 2016⁶. The US Bureau of Labor Statistics projects the growth of massage therapist employment at 22% over the period 2014–2024, faster than average for all occupations.

From 2011-2015, revenue from CAM healthcare providers increased 14% and employment increased 19%. Revenue is projected to grow an average of 3.6%/year through 2020⁷.

Academic Programs

The New York State Education Department has authorized New York College of Health Professions to award degrees and certificates in the following accredited programs.

Associate of Occupational Studies (AOS) – Massage Therapy

Started in 1981, New York College's nationally recognized Massage Therapy Program was its first educational program. In September 1996, the Board of Regents of the University of the State of New York granted approval to the college to award a 68-credit Associate in Occupational Studies (AOS) degree with a major in Massage Therapy (HEGIS Code 5299), the first in the United States. The college has modified the original AOS degree to a 72-credit program, which can be completed in six trimesters (24 months) of full-time study. Students have up to three years (36 months) to complete the program if taking the program part time. Graduates are eligible to take the New York State Massage Therapy Licensing Examination. They are also eligible to sit for the Massage and Bodywork Licensing Examination (MBLEX), which allows them to seek licensure in states outside of New York.

⁵ Menopause Journal, "Acupuncture, as Practiced in Clinical Settings, May Significantly Improve Menopause-related Symptoms, March 18, 2016

⁶ AMTA 2015 Consumer Survey and 2015 Industry Survey

⁷ IBIS World Industry Report 62139b Alternative Healthcare Providers in the U.S., December 2016

Bachelor of Professional Studies/Master of Science (BPS-MS) – Acupuncture

The acupuncture program was approved by the Board of Regents in 1992, the first such program approved in the state. The program was granted Bachelor/ Master degree status in 1998 (Bachelor of Professional Studies/Master of Science). The acupuncture program (HEGIS Code 1299 /1299), is a 9-trimester curriculum that requires 145 credits and awards a combined Bachelor of Professional Studies in Health Science/Master of Science in acupuncture degree (BPS/MS). The program can be completed in three academic years (36 months) of full-time study. Students have up to six years (72 months) to complete the program if taking the program part-time.

Bachelor of Professional Studies/Master of Science (BPS-MS) – Oriental Medicine

The oriental medicine program was approved by the Board of Regents in 1992, the first such program approved in the state. The program was granted Bachelor/ Master degree status in 1998 (Bachelor of Professional Studies/Master of Science). The oriental medicine program (HEGIS Code 1299 /1299), is a 10-trimester curriculum that requires 185 credits and awards a combined Bachelor of Professional Studies in Health Science/Master of Science in oriental medicine degree (BPS/MS). The program can be completed full time in approximately three and a half (42 months) years. Students have up to eight years (96 months) to complete the program if taking the program part-time.

For alumni who graduated with the BPS-MS degree in Acupuncture, the College offers a Chinese herbal program. The Oriental Medicine Program for Acupuncture Alumni is a 47-credit program in herbal classroom and clinical training. This program can be completed in two years (24 months). Alumni will surrender their BPS-MS degree in Acupuncture upon completion of this program as they will be awarded the BPS-MS degree in Oriental Medicine.

Accreditations and Registrations

All degree and certificate programs offered by New York College of Health Professions are registered by the:

Office of Professions
New York State Education Department
89 Washington Avenue, 2nd Floor, West Wing
Albany, NY 12234
(518) 486-2967

And / or

New York State Education Department
Office of College & University Evaluation
89 Washington Avenue, 5th Floor, Mezzanine
Albany, NY 12234
(518) 474-1551

Enrollment in other than registered or otherwise approved programs may jeopardize a student's eligibility for certain student financial aid awards.

Program Title	Degree Awarded	HEGIS Code
Massage Therapy	AOS	5299
Health Science/Acupuncture	BPS/MS	1299/1299
Health Science/Oriental Medicine	BPS/MS	1299/1299

New York College of Health Professions is chartered by Board of Regents of the University of the State of New York. All programs are registered and approved by the New York State Education Department (NYSED).

Other accreditations/memberships are:

The following programs offered by New York College of Health Professions are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM):

- (1) Master of Acupuncture
- (2) Master of Acupuncture with a Chinese herbal medicine specialization [currently named Master of Science in Oriental Medicine]

At its August 2021 meeting, ACAOM placed New York College of Health Professions' master's programs on

Probation for failing to demonstrate compliance with criteria across each of ACAOM's accreditation standards. Probation is a sanction used by ACAOM to alert the institution that if it does not substantially correct deficiencies by the end of the probationary period, accreditation status could be in jeopardy consistent with ACAOM's Commission Actions Policy.

Accreditation status and notes may be viewed on the ACAOM Directory.

ACAOM is recognized by the United States Department of Education as the specialized accreditation agency

for institutions/programs preparing acupuncture and Oriental medicine practitioners. ACAOM does not accredit any programs at the undergraduate/bachelor level. ACAOM is located at 8941 Aztec Drive, Eden Prairie, Minnesota 55347; phone 952/212-2434; fax 952/657-7068; www.acaom.org

- Institutionally accredited by New York State Board of Regents and the Commissioner of Education⁸.
- Approved provider of continuing education by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB).
- Approved provider of continuing education by the National Certification Commission for Acupuncture and Oriental Medicine.

⁸ 89 Washington Avenue, Albany, NY 12234 Tel: (518)474-3852

- Approved provider of continuing education by the New York State Education Department.
- American Massage Therapy Association Council of Schools (AMTA)
- Council of Colleges of Acupuncture and Oriental Medicine (CCAOM)
- American Oriental Bodywork Therapy Association Council of Schools & Programs (AOBTA)
- Acupuncture Society of New York (ASNY)

Continuing Education Workshops

A range of Continuing Education workshops are offered each trimester designed to meet the needs of working health care professionals as well as the community at large. Review courses for the New York State Massage Therapy Licensing Examination and national certification exams are also offered on a regular basis in massage therapy, acupuncture and Chinese herbology. The current schedule and fees can be found on the College's website (www.nycollege.edu) or can be obtained by calling the Continuing Education Department at 1-800-922-7337 extension #130.

Locations

New York College of Health Professions is located in Syosset, New York, on the north shore of Long Island, approximately 30 miles east of Manhattan. The campus is easily accessible via the Long Island Railroad. The campus in Syosset contains the administrative offices for all educational programs, a physical arts deck, academic health care clinics, the herbal dispensary, the Steve Kaufman Library, bookstore, faculty work room, and student lounge. All offices of Enrollment Services are located at the main campus in Syosset.

New York College of Health Professions has a teaching site in Manhattan at Bellevue Hospital New York City Health and Hospitals Inc, located at 462 1st Avenue, which has clinic and classroom space. Students have the option of taking classes at the main campus in Syosset or at the Bellevue Hospital site.

The academic health care teaching clinics are an integral part of a student's educational experience. With over 20,000 patient treatments annually, these teaching clinics are also important in providing affordable holistic health care to members of the community. The academic health care teaching clinics offer fully supervised holistic treatments to the community while providing a clinical internship for student practitioners. Treatments include Swedish massage, Asian bodywork massage, reflexology, acupuncture, and herbal consultations.

Herbal Dispensary

The Herbal Dispensary carries a variety of herbal products constituting a traditional Chinese herbal pharmacy. These include raw herb materials, prepared materials in pill, powder, tincture, extract and topical forms, as well as homeopathic remedies and nutritional supplements. Some of the products are

dispensed only after consultation and recommendation from a clinic health care professional. The herbal dispensary is open to the community.

Bookstore

The College bookstore in Syosset carries all the required student texts, as well as a wide selection of books and educational materials covering many other aspects of holistic health. It also stocks uniforms, logo merchandise, face cradle cushions, massage tables, acupuncture needles, moxa, massage oils and creams, and other professional supplies.

Steve Kaufman Library

The Steve Kaufman Library, located on the Syosset campus, contains the most extensive collection of holistic medicine materials available on Long Island. The library contains books, anatomical models, journals, multimedia and online resources specializing in acupuncture, herbal medicine and massage therapy. The mission of the New York College of Health Professions Steve Kaufman Library is to support the College's mission by maintaining a quality of collection of materials and offering those services which further the education, clinical and research needs of the College as a whole.

The library is open Monday – Thursday 10:00 AM to 7:00 PM, and Friday 11:00 AM to 3:00 PM. The library is open to students, staff and faculty. Alumni, clinical patients and those conducting research are encouraged to use the library as well. Wireless internet is available throughout the library and networked computer workstations as well as the college's webpage provide online access to the library's catalog, the Internet, email, and Microsoft Office Suite. Online indexes to professional periodical literature include subscriptions to online resources and are available on and off campus. These databases include full-text research articles focusing on holistic approaches to health care and medicine. A tutoring room is available for one-on-one assistance and small study groups. The College library is a member of the Long Island Library's Resource Council and MEDLI which fosters cooperation and sharing of resources among medical libraries on Long Island.

Enrollment Services

Admissions

Admissions to New York College of Health Professions is considered on an ongoing basis. Prospective students who wish to enroll must apply through admissions. Regardless of program, applicants to the School of Massage Therapy and the Graduate School of Oriental Medicine must meet academic admissions criteria, and they must submit all required documentation prior to the start of the trimester for which they are matriculating. Applicants to the College will submit the following as part of the admissions process:

1. Application for Admissions
2. Application Essay
3. Official High School and/or College Transcripts
4. Physical
5. Immunization Record

6. Meningitis Awareness Form
7. Course Registration Form

Once all documents have been received and the interview is completed, all materials are carefully reviewed. Acceptance into the program is then determined together with an appropriate course of study. The admissions staff considers all information provided by the applicant. Applicants are notified in writing of the Admissions Office decision. Once a decision on an applicant is made, the offices of Registrar, Bursar, and Financial Aid will begin to reach out to newly accepted students to complete their enrollment at the College. Students applying for financial aid must meet with a financial aid representative prior to the start of the trimester for which they are matriculating.

Applicants who have been accepted into a program may defer their admission to a subsequent trimester with the approval of the admissions office. Admissions may only be deferred for up to one year. Requests for deferred entrance must be made in writing to the Admissions Office. Students who wish to enroll after the deferment period has ended must reapply to the College.

The College reserves the right to reject, re-admit, or continue a student's participation in any program at its sole discretion, providing such decision does not discriminate in admissions or access to its programs and activities based on race, color, national origin, religion, creed, disability, age, marital status, gender, sexual orientation, or veteran status. Further, in accordance with Title IX of the Education Amendments of 1972, New York College of Health Professions does not discriminate based on sex in its educational programs, activities, or employment practices.

International Students

New York College of Health Professions welcomes international students. An applicant who is a citizen of a foreign country must complete the regular application process and provide the following additional documentation:

- 1) Evaluation of educational equivalency in the United States and a certified English translation of educational credentials by a recognized educational organization including:

Globe Language Services, Inc.
305 Broadway, Suite 401
New York, NY 10007
(212) 693-1489
www.globelangauge.com

or

World Evaluation Services (WES)
P.O. Box 5087
Bowling Green Station, NY 10274-5087
(212) 966-6311
www.wes.org

- 2) For the purposes of assuring the College and the United States government that all necessary costs to maintain the student throughout his/her tenure at the College will be met, students must submit an Ability-to-Pay statement. (This form can be obtained from the college's admissions office.)
- 3) A valid visa or alien registration card. New York College of Health Professions is authorized under federal law to enroll nonimmigrant alien students. An international student who needs to have his/her visa transferred should consult with the admissions office.
- 4) International students who transfer from American colleges or universities must have their previous school complete the I-20 Transfer Recommendation Form and must also furnish copies of all previous universities' I-20s and a copy of their I-94 from their passport.
- 5) All applicants whose first language is other than English, are required to submit the official score report of TOEFL iBT (Test of English as a Foreign Language and spoken English) as administered by the Educational Testing Service, or an examination deemed to be equivalent by the Admissions Office. The minimum score is 500 written based, or 61 on the computer-based test (iBT), as well as minimum scores of 22 in listening and 26 in speaking. Students may also satisfy the English competency requirement by scoring a level 6 on the International English Language Testing System (IELTS). English competency may be demonstrated and the TOEFL requirement waived, if the applicant has completed at least two years (60 semester credit or 90 quarter credit) of baccalaureate level education from an accredited college or university in the United States, or from an equivalent English language institution in another country; or if the applicant otherwise demonstrates enough English language competency through the interview and written essay required for admission to the program.
- 6) Information about the TOEFL may be obtained from the Educational Testing Service, P.O. Box 6151, Princeton, New Jersey 08541-6151, USA, in writing or by calling 1-800-468-6335, Monday – Friday, 8:00 AM – 7:45 PM Eastern Standard Time or at the TOEFL website: www.ets.org/toefl.
- 7) All expenses incurred by international applicants during this application process are the responsibility of the candidate and are non-refundable. All international students with F-1 visas must be full-time (12 credits) students.
- 8) All international students must submit with their application financial disclosure information including bank statements showing the ability to pay one year of tuition.

Student Services

Student Services provides necessary help and guidance to all enrolled students. Student Services is the key to academic success as they work with students to ensure that they are academically on track to complete their degree. The following are provided by Student Services to ensure student success at the College.

1. Coordination of tutoring for students struggling in their classes.
2. Advising during registration and the add/drop period.
3. Receives and investigates student complaints and grievances as outlined in the Student Handbook.

4. Schedules and conducts both the Committee of Academic Policy and Student-Faculty Committee Meetings.
5. Coordinates New Student Orientation and Graduation.
6. Receives and investigates all student Title IX incidents. For all incidents, please contact Brian Alvarez at balvarez@nycollege.edu or (516) 364-0808 ext. #139.
7. Coordinates reasonable accommodations for students who have a 504 plan.

Student Services works with both the academic and enrollment departments to provide a clear resolution to any student issues at the College.

Student Finances

Official Notice

Students are hereby officially notified that the registration and enrollment process is not complete until all tuition, fees, and other charges are paid in full in accordance with the payment deadline schedule for each trimester. Students will not be able to attend classes if they have not made full payment or made alternative arrangements. Students personally guarantee and are responsible for all obligations to the college for tuition, fees and other charges.

A student who has an outstanding financial balance due to the College or is “on hold” for missing documents is officially given notice that the college will withhold granting degrees and issuing grades. The College will not release official transcripts and academic records until all financial balances are paid in full and all missing documents are received. A student may also be subject to additional collection fees, attorneys’ fees, late fees, fines or interest charges on the unpaid balance.

Bursar

The Bursar office is responsible for assessing and collecting all tuition and fees for the College. The Bursar works with students who either directly pay their tuition to the College each trimester or who owe a balance after their financial aid. Students are encouraged to pay their tuition and fees through Self-Serve, the College’s online student portal.

Below is a breakdown of all tuition and fees for New York College of Health Professions.

Non-Refundable Fees (some or all fees may apply)

Fee	Description of Fee
\$50.00	Non-refundable Application Fee – Massage Therapy Program
\$75.00	Non-refundable Application Fee – Acupuncture/Oriental Medicine Programs
\$25.00	Registration Fee (per trimester)
\$30.00	Liability Insurance Fee (per trimester)
\$25.00	College ID Replacement Fee
\$100.00	Clinic Fee – MT Clinic 1/GSOM Grand Rounds through Clinic 4 (per trimester)
\$75.00	Lab Fee – HS 114, HS 115, EL 104, CH 303, CH 304, CH 401
\$450.00	Acupuncture/Oriental Medicine Clinic Kit (Acupuncture Technique 1)

\$100.00	Graduation Fee
\$325.00	Challenge Exam Fee – Prior Learning (per course)
\$50.00	Installment Plan Fee
\$50.00	Late Payment Fee
\$35.00	Add/Drop Fee (once the trimester begins)
\$250.00	Late Registration Fee
\$10.00	Official Transcript Fee
\$25.00	Returned Check Fee
\$45.00	Replacement/Duplicate Diploma Fee
\$75.00	Make-up Exam Fee

Student Tuition Liability and Refunds

In order to receive a refund of paid tuition and fees, all students who withdraw from all their classes must complete a Change of Enrollment Status Form at the Student Services office and once processed, New York College of Health Professions is authorized to:

1. Calculate the student’s tuition liability and applicable refund for any given trimester as follows:

Period of Withdrawal	Liability	Refund Percentage
Prior to first day of trimester	0%	100%
During the first week	10%	90%
During the second week	25%	75%
During the third week	50%	50%
During the fourth week	75%	25%
After the fourth week	100%	0%

2. Tuition liability during a ten-week course.

Period of Withdrawal	Liability	Refund Percentage
Prior to first day of trimester	0%	100%
During the first week	25%	75%
During the second week	50%	50%
After the second week	100%	0%

If a student cancels his/her enrollment prior to the first day of classes, a full tuition refund will be issued.

Refund Policy for Federal Financial Aid Recipients

A return of Title IV refunds will be calculated for financial aid students based on the percentage of the trimester that the student completes. Students who complete more than 60% of any term (9 weeks of a 15-week trimester, or 6 weeks of a 10-week accelerated trimester) are considered to have earned 100% of the aid based for that period. Students who complete less than 60% of a given term will receive aid based on the percentage of the term completed. Please contact the Bursar office for additional information on the Title IV refund policy. Any unearned Title IV monies will be returned in the following order:

1. Federal Direct Unsubsidized Loans
2. Federal Direct Subsidized Loans
3. Federal Direct PLUS Loans
4. Federal Pell Grant
5. FSEOG

Any financial that is unearned due to withdrawing from the College prior to the 60% point of the term must be returned to the US Department of Education no later than 45 days from the date of determination.

Financial Aid

Students who attend New York College of Health Professions can receive financial aid if they qualify.

Note that international students are not eligible for financial aid. Financial aid is broken down between federal student aid, which is awarded by the United State Department of Education, and state tuition assistance, which is awarded by New York State. In order to determine eligibility for federal student aid, students need to complete the Free Application for Student Aid (FAFSA) by going to studentaid.gov and using the Federal School Code 025994. In order for students to apply for state financial aid, students need to apply by going to <https://www.tap.hesc.ny.gov/totw/>.

Federal Student Financial Aid

Once the FAFSA is completed, the financial aid department will be notified as to what a student is eligible to receive. Below is a breakdown of the types of federal student aid.

1. *Pell Grant* – A need-based grant by the federal government for low income students pursuing a first-time bachelor’s degree.
2. *Federal Supplemental Educational Opportunity Grant (SEOG)* – Pell eligible students are awarded this grant who have a demonstrated financial need.
3. *Federal Work-study* – Federal work-study is a need-based program awarded to eligible students who want to work while they are attending New York College.
4. *Subsidized Loans* – Students who have financial need qualify for student loans. Subsidized loans do NOT accrue interest while the student is enrolled for at least half-time.
5. *Unsubsidized Loans* – Students who have financial need qualify for student loans. Unsubsidized loans DO accrue interest while student is enrolled for at least half-time.

New York State Tuition Assistance Program

The Tuition Assistance Program is available to eligible New York State residents with a high school diploma or its equivalent from a high school within the United States attending full-time (12 credits or more per term) at New York College. TAP is a grant from the State of New York that is applied toward tuition and is based upon the New York State net taxable income of the student, spouse and/or parents if applicable. New York College is considered an Accelerated Program for TAP purposes. To be eligible

for a full-time or half-time accelerated TAP payment, students must be enrolled full-time in the prior term and must also have earned 24 semester hour credits or the equivalent in the prior two trimesters or the equivalent.

Part-Time TAP does not replace Aid for Part-Time Study and cannot be received in conjunction with an APTS award. Student must meet all the eligibility requirements for Full-time TAP; in addition, the student must have earned 12 credits or more in each of the two consecutive trimesters. Students must have been a first-time freshman in the 2006–07 academic year or thereafter. Students must have a cumulative grade point average of at least 2.0 and be enrolled for at least 6, but fewer than 12 credits per trimester.

Aid for Part-time Study

Awards are available to undergraduate students taking 3 to 11 credits per trimester. Contact the Financial Aid office for more information.

Scholarships

Scholarships may be available to students through New York College merit scholarships, donor organizations or individuals. Students are encouraged to search for scholarships to assist them in helping them pay for tuition and other college expenses. There are several scholarship search services that can be utilized on the Internet.

Vocational Rehabilitation

The Office of Vocational and Educational Services for Individuals with Disabilities (VESID) provides services and financial assistance for education to students with certain disabilities. Further information can be obtained from the Division of Vocational Rehabilitation. Please check the phone book or the Internet for your local office. [http:// www.access.nysed.gov/vr/do/locations.htm](http://www.access.nysed.gov/vr/do/locations.htm)

Department of Veterans Affairs: Educational Benefits & Educational Assistance (The Post 9/11 GI Bill®)

If you need help paying for school or job training and you've served on active duty after September 10, 2001, you may qualify for the Post-9/11 GI Bill®. Find out if you can get education benefits through the Post-9/11 GI Bill®.

What benefits can I get?

- Tuition and fees
- Money for Housing (if you're in school more than half time)
- Money for books and supplies (up to \$1,000 per school year)

Do I have Post-9/11 GI Bill® benefits?

- You can check to see if you have Post-9/11 GI Bill® benefits at www.vets.gov.

How do I get these benefits?

- You'll need to apply to www.vets.gov. The benefit amount depends on which school you go to, how much active-duty service you've had since September 10, 2001, and how many credits or training hours you're taking.

What benefits does the Post-9/11 GI Bill® include?

- The full tuition amount for in-state schools up to the maximum national average of \$26,042.
- A Basic Allowance for Housing (BAH) based on the cost of living where your school is located.
- Up to 36 months of education benefits, in most cases payable for 15 years after your release from active duty.
- A percentage-of-maximum-benefit scale based on how much active service you've had since September 10, 2001.
- Example: If you had 90 days of active service since September 10, 2001, you would qualify for 40% of the maximum amount. Three years of active service would qualify you for 100% of the benefit.

Section 103 - VA Pending Payment Compliance Facility Name: New York College of Health Professions
Facility Code: 319C4132 Person Completing Addendum: Jacqueline McIntyre In accordance with Title 38
US Code 3679 subsection (e), this school adopts the following additional provisions for any students
using U.S. Department of Veterans Affairs (VA) Post 9/11 G.I. Bili® (Ch. 33) or Vocational Rehabilitation
and Employment (Ch. 31) benefits, while payment to the institution is pending from the VA. This school
will not:

- Prevent nor delay the student's enrollment;
- Assess a late penalty fee to the student;
- Require the student to secure alternative or additional funding;
- Deny the student access to any resources available to other students who have satisfied their tuition and fee bills to the institution, including but not limited to access to classes, libraries, or other institutional facilities.

However, to qualify for this provision, such students will be required to produce the Certificate of Eligibility by the first day of class. Application forms, information and assistance are available at the Department of Veterans Affairs offices. (www.gibill.va.gov or 1-800-827-1000). Additional information regarding financial aid can be found in both the Student Handbook and the College's website www.nycollege.edu/financialaid.

Academic Calendars

New York College of Health Professions is a trimester school. Each calendar year there are three 15 week trimesters with either a two or three week intercession between. Below are the academic calendars through the end of the 2023-2024 academic year.

Fall 2021 Trimester

August 30, 2021	Tuesday	Fall Trimester Begins
Sept 6	Monday	Labor Day/Closed
Sept 7	Tuesday	Add/Drop Deadline
Nov 1	Monday	Withdrawal Deadline
Nov 8	Monday	Spring Trimester Registration Begins
Nov 20	Saturday	Spring Trimester Registration Ends
Nov 25/26	Thurs/Fri	Thanksgiving Holiday/Closed
Dec 13	Monday	Fall Trimester Ends
Dec 24/25	Fri/Sat	Christmas Holiday/Closed

Spring 2022 Trimester

Jan 1, 2022	Saturday	New Year's Day Holiday/Closed
Jan 3	Monday	Spring Trimester Begins
Jan 10	Monday	Add/ Drop Deadline
Jan 17	Monday	Martin Luther King Jr. Day Holiday/Closed
Feb 21	Monday	President's Day Holiday/Closed
Mar 7	Monday	Withdrawal Deadline
Mar 14	Monday	Summer Trimester Registration Begins
Mar 26	Saturday	Summer Trimester Registration Ends
Apr 18	Monday	Spring Trimester Ends

Summer 2022 Trimester

Apr 15	Friday	Good Friday Holiday/Closed
Apr 17	Sunday	Easter Holiday/Closed
May 2, 2022	Monday	Summer Trimester Begins
May 9	Monday	Add/Drop Deadline
May 30	Monday	Memorial Day Holiday/Closed
July 4	Monday	Independence Day Holiday/Closed
July 5	Tuesday	Withdrawal Deadline
July 11	Monday	Fall Trimester Registration Begins
July 23	Saturday	Fall Trimester Registration Ends
Aug 15	Monday	Summer Trimester Ends

Fall 2022 Trimester

Aug 29, 2022	Monday	Fall Trimester Begins
Sept 5	Monday	Labor Day/Closed
Sept 6	Tuesday	Add/Drop Deadline
Oct 31	Monday	Withdrawal Deadline
Nov 7	Monday	Spring Trimester Registration Begins
Nov 19	Saturday	Spring Trimester Registration Ends
Nov 24/25	Thurs/Fri	Thanksgiving Holiday/Closed
Dec 12	Monday	Fall Trimester Ends
Dec 24/25	Sat/Sun	Christmas Holiday/Closed

Spring 2023 Trimester

Jan 1, 2023	Sunday	New Year's Day/Closed
Jan 2	Monday	Spring Trimester Begins
Jan 9	Monday	Add/Drop Deadline
Jan 16	Monday	Martin Luther King Jr. Day/Closed
Feb 20	Monday	President's Day/Closed
March 6	Monday	Withdrawal Deadline
March 13	Monday	Summer Trimester Registration Begins
March 25	Saturday	Summer Trimester Registration Ends
Apr 7	Friday	Good Friday/Closed
Apr 9	Sunday	Easter Sunday/Closed
Apr 17	Monday	Spring Trimester Ends

Summer 2023 Trimester

May 1, 2023	Monday	Summer Trimester Begins
May 8	Monday	Add/Drop Deadline
May 29	Monday	Memorial Day/Closed
July 3	Monday	Withdrawal Deadline
July 4	Tuesday	Independence Day/Closed
July 10	Monday	Fall Trimester Registration Begins
July 22	Saturday	Fall Trimester Registration Ends
Aug 14	Monday	Trimester Ends

Fall 2023 Trimester

Aug 28, 2023	Monday	Fall Trimester Begins
Sept 4	Monday	Labor Day/Closed
Sept 5	Tuesday	Add/Drop Deadline
Oct 30	Monday	Withdrawal Deadline
Nov 6	Monday	Spring Trimester Registration Begins
Nov 18	Saturday	Spring Trimester Registration Ends
Nov 23/24	Thurs/Fri	2023 Thanksgiving Holiday/Closed
Dec 11	Monday	Fall Trimester Ends
Dec 24/25	Sun/Mon	Christmas Holiday/Closed

Spring 2024 Trimester

Jan 1, 2024	Monday	New Year's Day/Closed
Jan 2	Tuesday	Spring Trimester Begins
Jan 9	Tuesday	2024 Add/Drop Deadline
Jan 15	Monday	Martin Luther King Jr. Day/Closed
Feb 19	Monday	President's Day Closed
March 4	Monday	Withdrawal Deadline
March 11	Monday	Summer Trimester Registration Begins
March 23	Saturday	Summer Trimester Registration Ends
March 29	Friday	Good Friday/Closed
March 31	Sunday	Easter Sunday/Closed
Apr 15	Monday	Spring Trimester Ends

Summer 2024 Trimester

Apr 29, 2024	Monday	Summer Trimester Begins
May 6	Monday	Add/Drop Deadline
May 27	Monday	Memorial Day/Closed
July 1	Monday	Withdrawal Deadline
July 4	Thursday	Independence Day/Closed
July 8	Monday	Fall Trimester Registration Begins
July 20	Saturday	Fall Trimester Registration Ends
Aug 12	Monday	Summer Trimester Ends

Full-Time or Part-Time Status

Full-time students are those enrolled in courses of 12 or more credits. Part-time students are those enrolled in courses of six to eleven credits per trimester. The recommended programs outlined on the following pages are designed for students who intend to devote their full time and energy to their studies. Many students, however, must work a full-time or part-time jobs while in attendance, or have other responsibilities outside of school. Therefore, many students spend more than nine or ten trimesters at the college. For these students, part-time courses of study are available.

GRADUATE SCHOOL OF ORIENTAL MEDICINE

Oriental medicine dates back more than 2,000 years. The ancient Chinese system of medicine is based on acupuncture, herbal medicine, and bodywork. These therapies are practiced throughout the world. Although variations exist on the ancient Chinese model, all the systems share the same foundation. Students in the college's Graduate School of Oriental Medicine study and train to become proficient in the three basic components of oriental medicine: acupuncture, herbal medicine and bodywork. These are the fundamental modalities through which balance and health are achieved and sustained.

In 1991, New York state passed legislation licensing professionals to practice acupuncture. New York College of Health Professions' acupuncture program was the first to be approved by the New York State Education Department. Acupuncture has continued to grow as a respected and valued health care modality. The college has expanded its educational programs to train students in the minimally invasive holistic modalities based on Chinese therapies.

Acupuncture

Acupuncture is a virtually painless technique of inserting fine needles into specific points on the body. These points act as an access to a greater channel network. Each is said to have a specific function, which relates to physiological function. Through stimulation of these points, qi (energy) is manipulated, blockages are removed, and balance is restored. These ideas have been practiced throughout the centuries. What was once considered strictly clinical evidence is today being tested by modern science. As more Americans are discovering the benefits of natural therapies, acupuncture is one of the more popular choices.

Acupuncture has been widely used for pain management and is growing in use not only to treat and cure, but also to maintain good health. Acupuncture is also capable of inducing deep relaxation and has been found to be useful for people who have not responded to more conventional forms of treatment.

Chinese Herbal Medicine

Herbalism, the use of plant parts for healing, dates back thousands of years to ancient China, where herbs were used for their medicinal value to remedy a wide range of diseases and disorders. Today, herbalism consists of using natural substances including the roots, bark, shoots, leaves, seeds and fruits of plants as well as minerals and some animal parts to provide conditions that allow the body to heal itself. Herbs are directed toward balancing energy, thereby also relieving symptoms.

There are over 500 entries in the traditional Chinese Materia Medica. These substances are the foundation of Chinese medicine. Many of these entries are plant based; some are minerals and animal products. Chinese herbal medicine is the internal medicine branch of oriental medicine. It is used to treat a host of conditions and comes in various forms and can be taken as a powder, pill or, a boiled decoction from the raw substances.

Bodywork

Tui Na, an ancient form of bodywork/massage, translates into “to push” (Tui) / “to grasp” (Na). It has been an important part of Traditional Chinese Medicine (TCM) and utilizes the same principles that are prevalent in TCM. There are several different styles of Tui Na, and they differ in the tradition that was passed down, as well as the techniques. Tui Na uses several different types of hand techniques in its application, and these include rubbing, grasping, rolling, pressing, vibrating and dragging. The practitioner uses fingers, knuckles and elbows to stimulate acupuncture points and meridians. This not only affects the circulation of qi, but treats the soft tissues along the meridians

Purposes and Educational Objectives

In support of the College’s mission, the Bachelor of Professional Studies/Master of Science degree programs of the Graduate School of Oriental Medicine have the following educational objectives:

- To provide students with the knowledge, skills and professionalism to become highly qualified practitioners in acupuncture and/or oriental Medicine.
- To enable students to be fully capable of obtaining employment in their health care field.
- To prepare students to be capable of passing the licensure and/or certification exams required to become a licensed or certified practitioner in New York state.
- To develop in students a sense of ethical responsibility in the therapist-client dynamic and with fellow practitioners.
- To provide students with an appreciation for continued learning throughout their professional careers.

Acupuncture Program – Bachelor of Professional Studies/Master of Science (BPS/MS)

The acupuncture program is a 145 credit, nine trimester (36 months) program. Upon completion, graduates receive a combined Bachelor of Professional Studies/Master of Science degree in Health Science/Acupuncture. They are eligible to sit for the NCCAOM (National Certification Commission for Acupuncture and Oriental Medicine) acupuncture certification exams, which are required by New York state. *Recommended Course of Study for the 145-credit program can be found on page 31.*

Oriental Medicine Program – Bachelor of Professional Studies/Master of Science (BPS/MS)

The oriental medicine program is a 185 credit, ten trimester (39 month) program. Upon completion, graduates receive a combined Bachelor of Professional Studies/Master of Science degree in Health Science/Oriental Medicine. They are eligible to sit for the NCCAOM (National Certification Commission for Acupuncture and Oriental Medicine) certification exams in acupuncture with Point Location and Foundations of Oriental Medicine, which are required by New York state for licensure. They are also eligible to sit for the NCCAOM certification exam in Chinese Herbology. New York College of Health

Professions also offers a two-year, 47 credit, oriental medicine program for returning alumni from the acupuncture program. Upon completion of this program, students surrender their master degree in acupuncture and are awarded a master degree in oriental medicine. *Recommended Course of Study for the 185-credit program can be found on page 33. Recommended Course of Study for the 47-credit program can be found on page 35.*

Student to Instructor Ratio

The instructor to student ratio for technique classes is 16:1. If the class density exceeds 16 students, a Teacher's Assistant is added. The instructor to student ratio for didactic classes may be up to 40:1.

Acupuncture Law in New York State

Acupuncture has been a licensed profession in the State of New York since 1991. The practice of acupuncture in New York state has thereby joined the ranks of the 50 New York state licensed professions recognized by the Office of Professions, including medical doctors, chiropractors and dentistry. Licensed acupuncturists are entry level providers, in other words, they may treat patients without first obtaining a medical referral. Article 160 of the New York State Education Law contains the definition of the profession of acupuncture, as well as the scope of practice. The law states that a licensed acupuncturist may treat patients for "diseases, disorders and dysfunctions of the body for the purpose of achieving a therapeutic or prophylactic effect." To paraphrase, the licensed acupuncturist is not limited to the treatment of a disease condition, nor is he/she confined to treatment of a specific body part. In addition, the law requires that a licensed acupuncturist must advise his/her patients of the importance of medical consultation regarding their condition. The law which governs the practice of Acupuncture in New York State affords the practitioner a broad scope of practice, consistent with the holistic perspective promoted by New York College of Health Professions' Graduate School of Oriental Medicine.

New York State Licensure

To qualify for an acupuncture license in the state of New York an applicant must fulfill the following requirements:

- Complete and file an application with the New York State Education Department
- Provide evidence of satisfactory completion of a course of formal study registered by the NYS Education Department or its substantial equivalent in accordance with the Commissioner's regulations. (i.e. New York College of Health Professions acupuncture and oriental medicine programs.)
- Have experience in accordance with the Commissioner's regulations
- Pass an examination(s) satisfactory to the New York State Board and in accordance with the Commissioner's regulations. (i.e. NCCAOM exam(s))
- Pass the Clean Needle Technique Examination (required by the college prior to Clinical Internship)
- Be at least 21 years of age

- Be of good moral character as determined by the New York State Education Department
- Have earned nine college credits in the biosciences. (This requirement is automatically satisfied by completing the New York College BPS/MS degree in either Acupuncture or Oriental Medicine.)
- Hold current Red Cross or American Heart Association certification in CPR and First Aid
- Pay a fee of \$780 to the New York State Education Department for the initial licensure and a fee of \$288 for each triennial registration

Program Graduation, Retention and Exam Rates

Of the newly enrolled students in the Graduate School of Oriental Medicine acupuncture program, the graduation rate for full-time acupuncture students enrolling in Fall 2012 is 37% and similarly the graduation rate for full-time oriental medicine students enrolling in Fall 2011 is 27%. The pass rates on the Jan. – Dec. 2016 NCCAOM exams for first time takers from the college were 85%.

Admissions and Other Requirements

All applicants for the acupuncture and oriental medicine program at New York College of Health Professions must follow the admissions procedure outlined in this catalog on pages 10 to 13.

Transfer Credits and Advance Standing

New York College of Health Professions does award credit for prior learning. To receive the BPS-MS degree in acupuncture or oriental medicine, the last year of full-time enrollment in the program must be completed at the College. All courses submitted for transfer credit will be evaluated for applicability to the selected curriculum and compliance with licensure requirements.

An applicant wishing to transfer from another institution must complete the regular application process including the academic requirements and supply the following documents:

- Each candidate must request an official transcript(s) for all prior course work and a complete course description or syllabus be sent to the Admissions Office.
- Applicants who wish to be considered for transfer credits in one or more subject areas must make their request in writing to the Admissions Office during the admissions process. Transfer credit can only be considered and awarded during a student's first academic year. Transcripts are evaluated by the Dean of the appropriate program. Transfer credit will be awarded for equivalent course work completed within the last 5 years with a grade of "B" (3.0) or better. An applicant will be notified in writing of transfer credit to be awarded. When all aspects of the transfer application are completed, an interview with the program Dean may be required. Transfer students must meet the admissions requirements in effect at the time of their official transfer.

Applicants to the College who have completed coursework equivalent to the programs offered at New York College of Health Professions are encouraged to apply to the College. Advanced standing

applicants must submit all transcripts from previous institutions at the time of admission so that the appropriate course plan can be created for the applicant, and the correct courses can be registered.

Applicants that are registering as Advanced Standing can request that courses from their previous institutions be awarded in one of the following methods.

1. *Credit by Examination* – Qualified students may receive didactic course credits by taking and passing a written examination or a project equivalent to the final requirement of the course. An equivalent course is determined by the faculty of the department or division and must be approved by the program Dean. The maximum number of exemption credits that can be counted towards a New York College of Health Professions degree is 12. Transfer credits are in addition to exemption credits. Exemption credits will be awarded to degree students only. Requests for Challenge Exams must be made within the first year of study at the College, and a fee of \$325 is collected prior to the taking of the examination. If the Challenge Exam is successful, the credit is awarded and a grade of “AP” (Advanced Placement) is entered on the student’s transcript. If the Challenge Exam is not successful, the student must take the course, and fee for the examination is applied to the tuition cost for the course.
2. *Prior Learning Assessment* – Prior Learning Assessment allows student to gain credit for learning that has occurred outside of the instruction provided by the college. For programs with a prerequisite of two-years of college education, students may be awarded a maximum of 30 credits (or 50% of the required credits, of that 50%, no more than 25% of the program clinical training requirements may be accepted as transfer credit) using one or more of the following assessment methods. For other programs, students may be waived from attending certain courses based on one or more of the following methods.
 - a. Standardized Exams - College credits may be earned by successfully passing one or more of the following proficiency exams: The College Scholarship Service’s Advanced Placement (AP) Examination; the College Level Examination Program (CLEP); the American College Testing Program Proficiency Examination Program (PEP); exams of the US Armed Forces Institute (USAFI); and the Defense Activity for Non-Traditional Educational Support (DANTES); and the Excelsior College Examinations. (These credits may be earned even while a student is enrolled at the College.)
 - b. For Non-Collegiate Courses - Prior learning credit for non-collegiate courses may also be awarded based on recommended college level equivalencies established by the American Council on Education in The National Guide to Educational Credit for Training Programs and The Guide to Evaluation of Educational Experiences in the Armed Forces, and the New York State Education Department Program on Non-Collegiate Sponsored Instruction (PONSI).
 - c. Portfolio Method - Students may submit a portfolio of documents attesting to course equivalent learning that has been attained through work, non-traditional education, self-study or other non-sponsored forms of learning. Documents supporting this form of learning might include work projects, job descriptions, commendations, or licenses and/or certificates. Supporting letters from employers or other knowledgeable sponsors must accompany all portfolio submissions but are not enough alone to warrant

the award of credit. Portfolio assessment is conducted by ad hoc faculty committees with expertise in the relevant subject matter to ensure that such applicants are adequately prepared academically to undertake the course of study at the College.

- d. Challenge Examination - Students may apply to be excused from enrolling in a course based on their knowledge of the coursework. To demonstrate their knowledge, they will be offered a challenge exam covering the specific course content. Usually this exam will be comparable to comprehensive exams given in the course.
3. *Transfer Credit* – Work completed at another baccalaureate level academic institution will be considered for transfer credit. This form of credits is awarded based on a review of the student’s transcript from the prior institution and the equivalency of courses from the two institutions. Transfer credit will be approved only for courses that have been taken within the last five year and if a grade of “B” or better was earned. Transfer courses requested from prior to five years will be reviewed using one of the other methods outlined above.

Any student seeking to use one or more of the above methods to obtain credits in one of the programs at the College must obtain permission from the program Dean or director of the program.

Any matriculated student with a cumulative grade point average of 3.0 for the BPS-MS programs may apply for Prior Learning Assessment. Generally, students applying for this form of assessment have had significant work, military or similar experience. The college may accept credit toward its admissions requirements that has been awarded by portfolio assessment or may accept more than 50% of credit toward its admission requirement earned through Credit by Examination if that assessment was performed and credit was awarded by an institution (other than New York College) accredited by an agency recognized by the U.S. Secretary of Education.

All requests for Prior Learning Assessment must be submitted to the program Dean in a timely fashion so that the award of credit can be completed before the end of the student’s first year of enrollment. Requests for the assessment of prior learning must be accompanied by an Application for Prior Learning Form, relevant documentation, and the assessment fee of \$325 per course.

Note: Although a student may be awarded credit through Prior Learning Assessment, some state agencies and some institutions may not accept prior learning credits that have been awarded by a non-regionally accredited institution.

The program Dean’s decision will be forwarded to the Registrar. The award will be indicated on the transcript by the letters PL and will have no bearing on the student’s grade point average. Students who wish to challenge the program Dean’s award of credit should follow the academic appeals policy, which appears in the Student Handbook.

Comprehensive Exams

As part of its evaluation process, the Graduate School of Oriental Medicine conducts a series of comprehensive exams throughout the curriculum to:

- Afford students an opportunity for systematic integrative review of knowledge base and skills
- Prepare students for clinical training
- Prepare students for national board examinations
- Evaluate the progress of each student
- Provide institutional feedback on the effectiveness of teaching and curriculum delivery

All comprehensive exams are given each trimester. Students must complete a petition to take the appropriate exam. Announcements of exam dates are posted in the Dean's office and on college bulletin boards well in advance. Multiple review sessions are offered to students prior to the Entrance and Exit exams. The College offers free Practice Labs every trimester prior to the comprehensive exams. Two comprehensive exams are given at different stages during the programs as follows:

The Clinic Entrance Exam

This exam is taken in the 6th trimester for full time students or when all course work for the first six trimesters has been completed in the case of part-time students. Successful passage of this exam is required to progress into clinic internship. This exam is comprised of three parts for Acupuncture students and four parts for Oriental Medicine students:

- A 200-question multiple choice written portion based on all course work covered including questions on Acupuncture, Oriental Science theory, and Clinical techniques and safety.
- An 80-question multiple choice written part covering information studied in Health Science classes up to the sixth trimester.
- A practical portion consisting of Point Location, Clinical techniques skill review (part of C 302 Clinical Skills Review) and safety.
- An 80-question herbal section covering all information learned in the Materia Medica series of classes. This part also consists of a visual identification of ten herbs (OM students only).

The Clinic Exit Exam

This exam is taken upon completion of all course work in the program and applies to both full-time and part-time students. Successful passage of this exam is one of New York College's graduation requirements. This is a more clinically oriented exam consisting of the following parts:

- A 200-question multiple choice written portion based on all course work covered including questions on Acupuncture and Oriental Science theory that is presented in a more clinical or case study format.
- An 80-question multiple choice written part covering information studied in Health Science classes in the program. This portion focuses on more clinical information.
- A practical portion consisting of a complete patient analysis and treatment performed in a clinical setting.
- An 80-question herbal section covering the information learned in all the herbal classes in the program (OM students only).

Requirements to Sit for the Examinations

Students preparing for the Clinic Entrance and Exit Examinations must maintain a 3.0 GPA to be eligible to sit for the exam. Students must submit and receive approval on a petition form signed by the Dean.

Examination Policies

Students are afforded a maximum of four (4) attempts for passage of each examination. Students who petition an examination, or are required to appear for a re-take examination, and fail to appear for the examination will automatically be given a failure. Documentation must be provided in emergency cases.

Examination Failure Policies

Failure after the 2nd attempt will result in a Recommended Audit Plan (RAP). Failure after the 3rd attempt will result in a Mandatory Audit Plan (MAP). RAP Requirements: students must be tutored; attendance will be taken; student must take quizzes and exams which will be reviewed. MAP Requirements: students must audit the courses; attendance is mandatory; and students must pass ALL quizzes and exams. Students who receive a failure after the 3rd attempt of the Fundamentals and Acupuncture Exit exams must register for OS 600.

ENTRANCE Exam: (2nd & 3rd Failed Attempts)

Bioscience	Recommended – obtain a tutor for HS 403 & HS 404 Mandatory – HS 305, HS 405, HS 403, & HS 404
Fundamentals	Recommended – obtain a tutor for OS 301 & OS 302 Mandatory – OS 301, OS 304 & OS 305
Acupuncture	Recommended – obtain a tutor for AC 301, AC 302 & AC 303 Mandatory – AC 400 & C 302

EXIT Exam: (2nd & 3rd Failed Attempts)

Bioscience	Recommended – obtain a tutor for HS 305, HS 405, HS 403, & HS 404 Mandatory – HS 501 & HS 502
Fundamentals	Recommended – obtain a tutor for OS 301, OS 304 & OS 305 Mandatory – OS 301, OS 406 & OS 407, & *OS 600 (Must register for OS 600)
Acupuncture	Recommended – obtain a tutor for OS 406, OS 407 & AC 400 Mandatory – OS 406, OS 407, AC 400, C 302, & *OS 600 (Must register for OS 600)

Note: There is a \$75 make-up fee for any necessary retake exams.

CPR & First Aid Certification

All students studying in the Graduate School of Oriental Medicine are required to pass a basic CPR and First Aid course approved by either the American Red Cross or American Heart Association, including

hands-on skills practice, prior to entry into clinic assistantship. A copy of their current CPR and First Aid Certificate is required to be on file in the Academic Teaching Clinic and a copy must be on file in the Registrar's Office prior to graduation.

Acupuncture Clean Needle Technique (CNT) Examination

The Council for Colleges of Acupuncture and Oriental Medicine (CCAOM) administers the Clean Needle Technique (CNT) Examination as a requirement for licensure in many states, including the State of New York. To ensure that students have demonstrated competence in clean needle technique and asepsis prior to undertaking the internship experience, the college requires that students achieve a passing grade on the CCAOM's CNT exam as a prerequisite for entrance into the acupuncture and oriental medicine teaching clinics. Students must apply for and pass this exam during the second year of the Acupuncture and Oriental Medicine programs as a pre-internship requirement.

Graduation Requirements

Students must complete the required courses and have a cumulative minimum GPA of 3.0 in order to graduate from the Graduate School of Oriental Medicine programs. In addition, students must pass the Clinic Exit Exams.

National Certification Commission for Acupuncture & Oriental Medicine (NCCAOM)

The NCCAOM was established by the profession to promote nationally recognized standards in Acupuncture and Oriental Medicine and to ensure public safety. NCCAOM certification represents professional recognition. It does not authorize or license an individual to practice Acupuncture or Chinese Herbal Medicine. Licensure and registration are state regulatory functions.

Graduates of New York College of Health Professions are eligible to sit for the licensing examinations through NCCAOM.

NCCAOM Required Examinations by State to Obtain Licensure	
Foundations of Oriental Medicine	
AL,AK,AZ,AR,CO,CT,DC,DE,FL,GA,HI,ID,IL,IN,KS,KY,LA,ME,MA,MI,MN,MO,MS,MT,NE,NV,NH,NJ,NM,NY,NC,ND,OH,OR,PA,RI,SC,TN,TX,UT,VA,VT,WA,WV,WI,WY	
Acupuncture with Point Locations	
AL,AK,AZ,AR,CO,CT,DC,DE,FL,GA,HI,ID,IL,IN,KS,KY,LA,ME,MA,MI,MN,MO,MS,MT,NE,NV,NH,NJ,NM,NY,NC,ND,OR,OH,PA,RI,SC,TN,TX,UT,VA,VT,WA,WV,WI,WY	
Biomedicine	
AL,AK,AZ,AR,CO,CT,DC,DE,FL,GA,HI,ID,IL,IN,KS,KY,LA,ME,MA,MI,MN,MO,MS,MT,NV,NH,NJ,NM,NC,ND,OH,OR,RI,SC,TN,TX,UT,VA,VT,WA,WY	
Chinese Herbology	
DE,FL,IL,KS,MA,NV,NM,PA,TX,VT	

Graduates from the acupuncture program are qualified to take the Foundations of Oriental Medicine, Acupuncture with Point Locations, and Biomedicine examinations.

Graduates from the oriental medicine program are qualified to take the Foundations of Oriental Medicine, Acupuncture with Point Locations, Biomedicine, and Chinese Herbology examinations.

NCCAOM Certification Policies

Candidates applying for NCCAOM certification in Acupuncture, Chinese Herbology, and/or Oriental Medicine, will be required to complete a prescribed set of examination modules in order to earn the desired credential. Certification with NCCAOM makes an important statement about professional competencies that is recognized by regulatory bodies, third-party payers, the profession and the public. NCCAOM certification shows competency for licensure as an acupuncturist by 47 states and the District of Columbia.

For further information on NCCAOM requirements and policies or to request application packages, students should contact the NCCAOM at:

NCCAOM
2025 M Street NW, Suite 800
Washington DC, 20036
Tel: (202) 381-1140
E-mail: info@nccaom.org
Web: www.nccaom.org

Graduate School of Oriental Medicine Courses of Study

ACUPUNCTURE PROGRAM (BPS/MS)			
<i>Nine Trimester Recommended Course of Study – 145 Credits/2985 Hours</i>			
Year 1 - 51 or 62 Credits/915 or 1110 Hours			
Trimester 1	14 or 21 Credits/255 or 375 Hours	Credits	Hours
HS 300	Surface Anatomy (UL)	4	75
OS 301	Fundamental Theory of Oriental Medicine (UL)	3	45
AC 301	Channels and Points I (UL)	4	75
CH 301	Introduction to Chinese Herbal Medicine	2	30
PA 300	Introduction to Physical Arts	1	30
*HS 301	Anatomy and Physiology I (IF NECESSARY)	4	75
*HS 310	Chemistry for the Health Sciences (IF NECESSARY)	3	45
Trimester 2	19 OR 23 Credits/330 or 405 Hours	Credits	Hours
HS 303	Neurology (U)	3	45
OS 302	OM Diagnostic Methods	3	45
OS 304	OM Pattern ID, Pathomechanisms & Treatment Principles I (UL)	3	45
AC 302	Channels and Points II	4	75
AT 401	Asian Bodywork 1 (Tui Na) (U)	2	45
PA 301/311/321	Tai Chi I/Yoga I/Qi Gong I (U)	1	30
HS 302	Anatomy and Physiology II (IN NECESSARY)	4	75
Trimester 3	18 Credits/330 Hours	Credits	Hours
HS 304	Biochemistry (UL)	3	45
HS 305	Pathophysiology I (G)	3	45
OS 305	OM Pattern ID, Pathomechanisms & Treatment Principles II (UL)	3	45
AC 303	Channels and Points III (UL)	4	75
AC 304	OM Palpatory Assessment (UL)	2	45
AT 402	Asian Bodywork II (Tui Na II) (UL)	2	45
PA 302/312/322	Tai Chi II/Yoga II/Qi Gong II (U)	1	30
Year 2 - 52 Credits/990 Hours			
Trimester 4	18 Credits/345 Hours	Credits	Hours
HS 405	Pathophysiology II (G)	3	45
HS 402	Western Nutrition (U)	3	45
OS 406	TCM Internal Medicine I (UL)	3	45
AC 400	Acupuncture Points Review (U)	2	45
AC 411	Acupuncture Techniques I (G)	2	45
PA 303/313/323	Tai Chi III/Yoga III/Qi Gong III (U)	1	30
C 301	Introduction to Clinic (G)	2	45
C 401	Clinic Grand Rounds I (G)	2	45
Trimester 5	17 Credits/300 Hours	Credits	Hours

HS 401	Medical Microbiology & Immunology (G)	3	45
HS 403	Patient Assessment I (G)	4	75
OS 407	TCM Internal Medicine II (G)	3	45
AC 412	Acupuncture Techniques II & New Methods (G)	2	45
HS 406	Health Psychology (U)	3	45
C 402	Clinic Grand Rounds II (G)	2	45
Trimester 6	17 Credits/345 Hours	Credits	Hours
HS 404	Patient Assessment II (G)	4	75
HS 407	Medical Ethics (UL)	2	30
OS 408	TCM Gynecology & Male Reproductive Disorders (UL)	3	45
OS 405	Eastern Nutrition (G)	2	30
C 302	Clinical Skills Review (G)	1	30
AC 413	Acupuncture Techniques III (Microsystems) (G)	2	45
C 403	Clinic Assistantship (G)	3	90
<i>Clinic Entrance Exam</i>			
Year 3 - 41 Credits/885 Hours			
Trimester 7	14 Credits/300 Hours	Credits	Hours
AC 501	Japanese Acupuncture & Diagnostic Methods (G/A)	2	45
HS 501	Internal Medicine I (G)	3	45
HS 503	Pharmacology (G)	3	45
C 501	Oriental Medicine Clinic I (G)	6	180
C 511	Clinical Analysis & Case Histories I	2	30
Trimester 8	14 Credits/300 Hours	Credits	Hours
AC 502	Japanese Acupuncture Techniques (G/A)	2	45
HS 502	Internal Medicine II (G)	3	45
R 511	Research Data & Methodology (G)	3	45
C 502	Oriental Medicine Clinic II (G)	6	180
C 512	Clinical Analysis & Case Histories II	2	30
Trimester 9	13 Credits/285 Hours	Credits	Hours
M 301	Practice Management (G)	2	30
C 503	Oriental Medicine Clinic III (G)	6	180
C 513	Clinical Analysis & Case Histories III	2	30
	Elective (G)	3	45
<i>Clinic Exit Exam</i>			
<p><i>*Note: The Prerequisites of HS 301 Anatomy and Physiology I and HS 302 Anatomy and Physiology II must be completed by the end of the first year for a student to continue the program. HS 310 Chemistry for the Health Sciences must be completed prior to HS 304 Biochemistry. Students must also complete two trimesters of Asian Technique in order to graduate.</i></p>			

ORIENTAL MEDICINE PROGRAM (BPS/MS)

Ten Trimester Recommended Course of Study – 185 Credits/3495 Hours

Year 1 - 54 Credits/960 Hours			
Trimester 1	14 or 21 Credits/255 or 375 Hours	Credits	Hours
HS 300	Surface Anatomy (UL)	4	75
OS 301	Fundamental Theory of Oriental Medicine (UL)	3	45
AC 301	Channels and Points I (UL)	4	75
CH 301	Introduction to Chinese Herbal Medicine	2	30
PA 300	Introduction to Physical Arts	1	30
*HS 301	Anatomy and Physiology I (IF NECESSARY)	4	75
*HS 310	Chemistry for the Health Sciences (IF NECESSARY)	3	45
Trimester 2	19 OR 23 Credits/330 or 405 Hours	Credits	Hours
HS 303	Neurology (U)	3	45
OS 302	OM Diagnostic Methods	3	45
OS 304	OM Pattern ID, Pathomechanisms & Treatment Principles I (UL)	3	45
AC 302	Channels and Points II	4	75
AT 401	Asian Bodywork 1 (Tui Na) (U)	2	45
PA 301/311/321	Tai Chi I/Yoga I/Qi Gong I (U)	1	30
CH 302	Chinese Materia Medica I (U)	3	45
HS 302	Anatomy and Physiology II (IN NECESSARY)	4	75
Trimester 3	21 Credits/375 Hours	Credits	Hours
HS 304	Biochemistry (UL)	3	45
HS 305	Pathophysiology I (G)	3	45
OS 305	OM Pattern ID, Pathomechanisms & Treatment Principles II (UL)	3	45
AC 303	Channels and Points III (UL)	4	75
AC 304	OM Palpatory Assessment (UL)	2	45
AT 402	Asian Bodywork II (Tui Na II) (UL)	2	45
PA 302/312/322	Tai Chi II/Yoga II/Qi Gong II (U)	1	30
CH 303	Chinese Materia Medica II (U)	3	45
Year 2 - 61 Credits/1125 Hours			
Trimester 4	21 Credits/390 Hours	Credits	Hours
HS 405	Pathophysiology II (G)	3	45
HS 402	Western Nutrition (U)	3	45
OS 406	TCM Internal Medicine I (UL)	3	45
AC 400	Acupuncture Points Review (U)	2	45
AC 411	Acupuncture Techniques I (G)	2	45
PA 303/313/323	Tai Chi III/Yoga III/Qi Gong III (U)	1	30
C 301	Introduction to Clinic (G)	2	45
C 401	Clinic Grand Rounds I (G)	2	45
CH 401	Chinese Materia Medica III (U)	3	45

Trimester 5	20 Credits/345 Hours	Credits	Hours
HS 401	Medical Microbiology & Immunology (G)	3	45
HS 403	Patient Assessment I (G)	4	75
OS 407	TCM Internal Medicine II (G)	3	45
AC 412	Acupuncture Techniques II & New Methods (G)	2	45
HS 406	Health Psychology (U)	3	43
C 402	Clinic Grand Rounds II (G)	2	45
CH 402	Chinese Herbal Formulas I (U)	3	45
Trimester 6	20 Credits/390 Hours	Credits	Hours
HS 404	Patient Assessment II (G)	4	75
HS 407	Medical Ethics (UL)	2	30
OS 408	TCM Gynecology & Male Reproductive Disorders (UL)	3	45
OS 405	Eastern Nutrition (G)	2	30
C 302	Clinical Skills Review (G)	1	30
AC 413	Acupuncture Techniques III (Microsystems) (G)	2	45
C 403	Clinic Assistantship (G)	3	90
CH 403	Herbal Formulas II (U)	3	45
<i>Clinic Entrance Exam</i>			
Year 3 - 53 Credits/1065 Hours			
Trimester 7	17 Credits/345 Hours	Credits	Hours
HS 501	Internal Medicine I (G)	3	45
HS 503	Pharmacology (G)	3	45
C 501	Oriental Medicine Clinic I (G)	6	180
C 511	Clinical Analysis & Case Histories I	2	30
CH 501	Herbal Formulas III (U)	3	45
Trimester 8	20 Credits/390 Hours	Credits	Hours
HS 502	Internal Medicine II (G)	3	45
R 511	Research Data & Methodology (G)	3	45
C 502	Oriental Medicine Clinic II (G)	6	180
C 512	Clinical Analysis & Case Histories II	2	30
CH 504	Shuang Han Lun (G)	3	45
CH 502	Clinical Application of Herbs I (G)	3	45
Trimester 9	16 Credits/330 Hours	Credits	Hours
M 301	Practice Management (G)	2	30
C 503	Oriental Medicine Clinic III (G)	6	180
C 513	Clinical Analysis & Case Histories III	2	30
	Elective (G)	3	45
CH 503	Clinical Application of Herbs II (G)	3	45
Year 4 - 17 Credits/345 Hours			
Trimester 10	17 Credits/345 Hours	Credits	Hours

HS 601	Pharmacognosy & Toxicology (G)	3	45
CH 601	Clinical Applications of Herbs III (G)	3	45
CH 602	Wen Bing Xue (G)	3	45
C 504	Oriental Medicine Clinic IV (G)	6	180
C 514	Clinical Analysis and Case Histories IV (G)	2	30

Clinic Exit Exam

**Note: The Prerequisites of HS 301 Anatomy and Physiology I and HS 302 Anatomy and Physiology II must be completed by the end of the first year for a student to continue the program. HS 310 Chemistry for the Health Sciences must be completed prior to HS 304 Biochemistry. Students must also complete two trimesters of Asian Technique in order to graduate.*

ORIENTAL MEDICINE PROGRAM FOR RETURNING M.S. IN ACUPUNCTURE GRADUATES

Six Trimester Recommended Course of Study – 47 Credits/840 Hours

Year 1 - 18 Credits/270 Hours			
Trimester 1	6 Credits/90 Hours	Credits	Hours
CH 302	Chinese Materia Medica I (U)	3	45
CH 303	Chinese Materia Medica II (U)	3	45
Trimester 2	6 Credits/90	Credits	Hours
CH 401	Chinese Materia Medica III (U)	3	45
CH 402	Chinese Herbal Formulas I (U)	3	45
Trimester 3	6 Credits/90 Hours	Credits	Hours
CH 403	Herbal Formulas II (U)	3	45
CH 501	Herbal Formulas III (U)	3	45
Year 2 - 29 Credits/570 Hours			
Trimester 4	9 Credits/180 Hours	Credits	Hours
CH 502	Clinical Application of Herbs I (G)	3	45
HS 601	Pharmacognosy & Toxicology (G)	3	45
C 521	Herbal Clinic I	3	90
Trimester 5	9 Credits/180 Hours	Credits	Hours
CH 503	Clinical Application of Herbs II (G)	3	45
HS 504	Shuang Han Lun (G)	3	45
C 522	Herbal Clinic II	3	90
Trimester 6	11 Credits/210 Hours	Credits	Hours
CH 601	Clinical Applications of Herbs III (G)	3	45
CH 602	Wen Bing Xue	3	45
C 514	Clinical Analysis & Case Histories 4 (G)	2	30
C 523	Herbal Clinic III	3	90

Acupuncture/ Oriental Medicine Course Descriptions

Please understand that not all courses are offered each trimester. Please check the current course schedule to determine what courses are being offered. The course schedule is developed by the College and provides the most current information available. All information including class meeting times and locations, faculty names and course offerings are subject to change without notice or obligation. The College reserves the right to cancel classes with low enrollment or to modify the sequence of courses that don't require prerequisites or corequisites.

ACUPUNCTURE (AC) Channels & Points Series

This series of three courses involves a detailed study of the channel system and acupuncture point functions, including the myology associated with each channel.

AC 301 Channels & Points 1 - 4 credits

This course begins the study of the channel system. Students study channel pathways and connections and the

functions of each channel. Channels studied include the 12 regular channels, the 8 extra channels, the divergent channels, the 15 Luo-collaterals, the 12 sinew channels, and the cutaneous channels. In addition to channels, pathways, and functions, students study several points on each channel to help them understand the course of each channel, and develop the skills needed to begin point location.

45 hours lecture; 30 hours lab.

Co-requisite: OS 301

AC 302 Channels & Points 2 - 4 credits

Channels & Points II begins an in-depth study of the channels and points. Students study 7 of the 14 main meridians and their points. Attention is focused on point location, function, indication, needle depth and regional anatomy. The course also provides a more in-depth and detailed study of the clinical application and point indication differences among points on the same channel. The class also concentrates on specific point applications.

45 hours lecture; 30 hours lab.

Prerequisite: AC 301

AC 303 Channels & Points 3 - 4 credits

Channels & Points III continues with an in-depth study of the channels and points. Students study the remaining 7 of the 14 main meridians and their points. Attention is focused on point location, function, indication, needle depth and regional anatomy. The course also provides a more in-depth and detailed study of the clinical application and point indication differences among points on the same channel. The class also concentrates on specific point applications.

45 hours lecture; 30 hours lab.

Prerequisite: AC 301

AC 304 OM Palpatory Assessment - 2 credits

This course is designed to focus on the four methods of Oriental Diagnosis which are observation, listening, questioning and palpation. The main methods of palpation are reading the pulses at the radial artery and palpating abdominal zones and reflex points. Success in both methods depends on a high level of sensitivity honed by constant practice. This course will provide a solid foundation in the basics of pulse and abdominal diagnosis on which to build further development. By the end of the course students should be able to discern disharmonies on the pulse and abdomen and incorporate them into the overall diagnostic assessment.

Prerequisite: OS 302

AC 400 Acupuncture Points Review - 2 credits

This course provides a detailed review of all the information covered in the Channels and Points classes taken in the first year of the program. The information is presented by point category rather than by channel orientation. The class gives students a different way of looking at point function and indication.

Prerequisites: AC 302, AC 303

AC 411 Acupuncture Techniques 1 - 2 credits

This course, which is primarily practical, teaches the necessary skills of handling, insertion, manipulation, and removal of acupuncture needles. Various sizes and gauges of needles will be handled and inserted into a variety of substances from very soft to harder than human epidermis. Students are always carefully supervised. Basic moxibustion and cupping techniques are also introduced. This course is 45 hours of lecture and practical.

Prerequisites: OS 301, AC 302, AC 303

AC 412 Acupuncture Techniques 2 & New Methods - 2 credits

This course will introduce and allow the practice of a variety of methods of advanced acupuncture techniques including, advanced needling; moxa techniques; bleeding; gua sha; plum blossom; and, electro-acupuncture.

Advanced techniques for tonification and sedation are demonstrated, and needle insertion practice is given for clinically significant points. In addition, the treatment of first aid conditions with acupuncture, managing needling faints, points for contraindication in specific circumstances, and difficult, dangerous and forbidden points are all taught. Also, anesthetic, pain control, and substance abuse protocols will be studied (using body, ear and scalp points). This course will also introduce some modern developments in Acupuncture techniques. This course is 45 hours of lecture and practical.

Prerequisite: AC 411

AC 413 Acupuncture Techniques 3 (Microsystems) - 2 credits

This course introduces the student to the two major microsystems used in acupuncture: auricular acupuncture and scalp acupuncture. For both systems, the class examines the primary systems used in China as well as other systems that have been developed, including Nogier auricular, auricular detoxification protocols, and the scalp system devised by Ming Qing Zhu. The different maps of the ear and scalp are compared. Clinical applications and treatment formulas are emphasized. In addition, students briefly over-view such microsystems as the hand, the nose, the eye and the foot. Emphasis is placed on needling techniques and in class practice. This course is 45 hours of lecture and practical.

Prerequisite: AC 411

AC 501 Japanese Acupuncture Diagnostic Methods (GSOM Program Only) - 2 credits

This course focuses on developing the student's diagnostic skills with emphasis on diagnosis by palpation. Included is the development of pulse reading skills with students working in groups using a direct feedback method. Various methods of abdominal diagnosis are presented including the abdominal patterns for determining the use of the eight extraordinary vessels. Students also learn how to palpate for excess and deficiency in meridians and how to determine by palpation the most appropriate points for treatment. This information gathered by palpation is essential to both substantiate diagnosis by observation and questioning as well as to clarify conflicting or misleading presenting symptoms. This course is 45 hours of lecture and practical.

Prerequisite: C 302

AC 502 Japanese Acupuncture Techniques (GSOM Program Only) - 2 credits

This course focuses on some of the subtle and refined needle techniques practiced in Japan. These include both inserted and non-insertion methods of tonification and sedation, use of intradermal needles, and use of specially designed pediatric acupuncture tools. Direct moxibustion and the use of Manaka ion pumping cords are also taught. This course is designed to complement Japanese Acupuncture Diagnostic Methods (AC 501). This course is 45 hours of lecture and practical.

Prerequisite: AC 501

ASIAN TECHNIQUE (AT)

AT 401 Tui Na 1 - 2 credits

This course offers an introduction to the basic principles and practice of Tui Na. Its traditional uses in Oriental medicine will be discussed and students will learn basic hand techniques and how to apply them. This course is 45 hours of lecture and practical.

Prerequisite: OS 301

AT 402 Tui Na 2 - 2 credits

This course follows and builds upon AT 401, Tui Na 1. Hand techniques will be refined and clinical applications for some simple conditions demonstrated and practiced. This course is 45 hours of lecture and practical.

Prerequisite: AT 401

CHINESE HERBAL MEDICINE (CH)

CH 301 Introduction to Chinese Herbal Medicine - 2 credits

This course introduces the basic theory of the use of herbal medicine in Traditional Chinese Medicine. The nature of herbal preparation in China is explored. The basic categories of herbal treatment are studied and important herbs in each category are discussed in detail. The concomitant use of herbs and Oriental Medicine will be discussed as well as the situations that may call for herbal treatments before or after acupuncture treatments. An introduction to the pharmacy is given including the labeling, categorization, storage of herbs, and dispensing protocols. Students are introduced to all herbal products stocked in the pharmacy including raw herbs; freeze dried granulated formulas; Chinese prepared products; and miscellaneous natural products including herbs, vitamins, minerals and other substances

patented in the US and Europe. This course is a requirement in both the Acupuncture and Oriental Medicine programs.

Co-requisite: OS 301

Chinese Materia Medica Series

The three courses involve a detailed analysis of more than 400 individual herbs, minerals, and animal substances including name, properties (taste, temperature), ingredients, channels entered, functions, clinical usage, dosage and contraindications.

CH 302 Chinese Materia Medica 1 – LAB FEE APPLIES - 3 credits

Prerequisite: CH 301

CH 303 Chinese Materia Medica 2 – LAB FEE APPLIES - 3 credits

Prerequisite: CH 301

CH 401 Chinese Materia Medica 3 – LAB FEE APPLIES - 3 credits

Prerequisite: CH 301

Chinese Herbal Formulas Series

During these courses approximately 300 herbal formulae are studied in detail. Each formula is examined in terms of its component herbs, properties, functions and indications. Prescription principles, modifications, combination, dosage and contraindications are covered. Each formula is discussed in terms of standard differentiation of patterns and treatment principles according to Traditional Chinese Medicine.

CH 402 Chinese Herbal Formulas 1 - 3 credits

Prerequisites: CH 302, CH 303, CH 401

CH 403 Chinese Herbal Formulas 2 - 3 credits

Prerequisites: CH 302, CH 303, CH 401

CH 501 Chinese Herbal Formulas 3 - 3 credits

Prerequisites: CH 302, CH 303, CH 401

Clinical Applications of Herbal Medicine Series

These courses deal exclusively with the herbal treatment of specific internal diseases known to respond effectively to Chinese herbal medicine. Each disease is introduced by its Western name and then differentiated into the varying TCM syndromes, which correspond to that assessment. In this way, students begin to familiarize themselves with the kind of analytical thinking needed in the clinic. These courses emphasize differential diagnoses in TCM. Formulas that the students are familiar with are discussed in terms of direct clinical application.

CH 502 Clinical Applications of Herbal Medicine 1 - 3 credits

Prerequisites: CH 402, CH 403, CH 501

CH 503 Clinical Applications of Herbal Medicine 2 - 3 credits

Prerequisites: CH 402, CH 403, CH 501

CH 601 Clinical Applications of Herbal Medicine 3 - 3 credits

Prerequisites: CH 402, CH 403, CH 501

CH 504 Shang Han Lun - 3 credits

Shan Han Lun is one of the four TCM classics textbooks taught in all TCM universities in China. It is the oldest surviving clinical TCM textbook especially for febrile diseases. In the period of Han Dynasty, most of TCM schools believed that febrile disease is caused by cold-attack. This text discusses the principle of differential diagnosis and treatment of febrile disease based on the theory of the six stages. The course will teach six stages differentiation, pathological progressive disease transmission, and the most important formulas in this classical book for febrile diseases.

Prerequisites: CH 402, CH 403, CH 501, OS 304, OS 305

CH 602 Advanced Topics in Herbal Medicine – Wen Bing Xue - 3 credits

Wen Bing Xue, the warm febrile diseases, one of the four TCM classics, was written after the Shan Han Lun. The theories of both the cold-attack diseases and warm febrile diseases are two major schools which supplement each other and play an important guiding role in the clinical practice and studies of TCM. In the period of the Ming and Qing Dynasties, the school of febrile diseases, made a breakthrough in the traditional understanding that – all febrile diseases belong to cold “attack”, thereby creating the principle of differential diagnosis and treatment of febrile disease on the basis of the theories of Wei- Qi- Ying- Xue (Four level) as well as Triple Jiao (San Jiao). The course will teach the febrile diseases of pathology, pulse, tongue diagnosis, four level differentiation, San Jiao differentiation and treatment.

Prerequisites: C 403, CH 402, CH 403, CH 501, OS 304, OS 305

CLINIC (C)

C 301 Introduction to Clinic - 2 credits

This course marks the first part of the student’s clinical education. It is designed as an introduction to the clinical process in order to prepare students for Clinic Grand Rounds. The course is conducted in the classroom with the emphasis on clinical policy and procedure, clinical behavior and professionalism, and proper patient care. Information on important clinical information such as infection control, OSHA, HIPAA, and Clean Needle Technique (CNT) are emphasized. The necessary information to avoid contamination is taught to the practitioners through the Clean Needle Technique, developed by the National Commission for the Certification of Acupuncture and Oriental Medicine (NCCAOM). This includes sterilization of instruments, the use of an autoclave, and other essential sterilization procedures. The background of the infectious diseases such as Hepatitis and

the HIV contamination issues in relation to health care workers will be presented, and the guidelines for minimizing the dangers of all types of infection are taught. Students are also taught the necessary interview skills that they will utilize in clinic in order to perform a case history. The forms and procedures used in the clinic daily will be emphasized.

Prerequisites: AC 302, AC 303, AC 304
Corequisite: C 401

C 302 Clinical Skills Review - 1 credit

This course is designed to review the necessary skills and prepare students for entry into their clinical internship. Internship involves students beginning to treat their own patients in the student clinic under supervision. Therefore, this course acts as a final preparation for students to review their point location, needle insertion, diagnostic and treatment skills (including case history taking and analysis, point and herb selection, needling, moxa, cupping, bleeding, electric stimulation, plum blossom, gua sha, ear and scalp acupuncture, etc.) in readiness for the internship. All aspects of clinical skills are reviewed from the technical to the interpersonal with emphasis placed on preparing the student to behave autonomously in clinic. The course finishes with the requirement of the Clinic Entrance Exam. This class is 30 hours.

Students must successfully complete this exam prior to entry into the internship.

Prerequisites: AC 304, AC 400, AC 412, C 301

GSOM Clinic Grand Rounds & Assistantship Series

C 401 Clinic Grand Rounds 1 - 2 credits

This term of clinical observation is the student's first introduction to the clinical practice of Oriental medicine. In Clinic Grand Rounds 1 students are assigned to observe a licensed

acupuncturist in practice. This provides the opportunity for the beginning student to observe a professional in practice and to have the opportunity to ask questions about diagnosis and treatment. Students experience direct interaction with patients by observation of the tongue and taking the pulse. Further interaction is at the discretion of the supervisor. The focus of Grand Rounds I is to allow the student to see Oriental Medicine in practice and to give the student an introduction to the process of conducting an intake, gathering important diagnostic information, analyzing that information in order to make a diagnosis and identify a pattern and then progressing to appropriate treatment.

Prerequisites: AC 302, AC 303, AC 304, OS 302, OS 304, OS 305
Corequisite: C 301

C 402 Clinic Grand Rounds 2 - 2 credits

In the second term of Clinic Grand Rounds, the student is assigned to observe a licensed acupuncturist and to observe a student intern in the GSOM Teaching Clinic. When observing the professional, the focus of the student is on discussion with the licensed acupuncturist about the case, the diagnosis, and the treatment. By this time, the student will be expected to have a good understanding of pattern identification and diagnostic principles. At the discretion of the supervisor, the student may take on greater responsibility for patients; greeting patients, conducting intakes, making follow-up phone calls, removing needles and doing adjunctive techniques. Treatment will primarily be conducted by the licensed acupuncturist. When observing a licensed practitioner, the Grand Rounds student has closer contact with the patient. The focus is still on discussion of the case with the advanced intern and the supervisor; however, the student may be asked to participate more in the treatment and adjunctive techniques. The student may be asked to assist the practitioner in a variety of ways including adjunctive techniques, removing needles, filling

herbal formulas, etc. The student observer may also be asked to complete certain clinical duties such as running the autoclave and stocking the herb pharmacy.

Prerequisite: C 401

C 403 Clinic Assistantship - 3 credits

In Clinic Assistantship the student takes on a more active role in the treatment of patients. Students are assigned to 2 shifts with a student intern. The focus this term is to prepare the student to become an intern where they will have much more responsibility for the patient. By going through the entire process with a clinical intern and being under the close supervision of a clinic supervisor, the student gains confidence, ability, and feels prepared to begin an internship the following term. When working with the student intern, the Assistant is responsible for adjunctive techniques.

Prerequisite: C 402, National CNT Certificate, OSHA Training Certificate

Acupuncture/ Oriental Medicine Clinical Internship Series

The Clinical Internship is the ultimate phase of clinical training. At this point the student has completed the first two years of didactic training and taken and passed the Clinic Entrance Exam. It is here that the student is asked to demonstrate the ability to take the information learned in earlier coursework, synthesize it, and apply it to real patients. At the internship level, the student works under the supervision of a licensed acupuncturist but takes on full responsibility for the evaluation and treatment of patients. Student interns conduct the entire intake, including pulse and tongue diagnosis, and then report back to their supervisor. Together, the supervisor and student intern determine a diagnosis and treatment principle and decide on an appropriate treatment for that day as well as a treatment plan for the patient. Students in the Oriental Medicine program also discuss appropriate herbal

formulas with their supervisor and work with their patients in determining the best mode of delivery for an herbal formula. The Clinical Internship phase of the program is designed to guide students through their transition into professional practice. At each level of Clinic Internship, the student is given more responsibility for the patients by the clinical supervisor so that by the end of their internship phase students can come to the supervisor with a diagnosis and treatment plan already prepared. Students in Clinical Internship work in pairs. Both students are involved in the intake and discussion of the case, but one student takes primary responsibility for the patient and completes the treatment. All students must complete four clinic shifts per week for 15 weeks (180 hours/ trimester). Students sign up for specific times each week and are expected to be present each week at the same time. Completion of all clinic requirements is required for graduation from either program.

C 501 AC/OM Clinic 1 - 6 credits

Prerequisites: C 401, C 402, C 403, National CNT Certificate; First Aid / CPR Certificate (current); Passing of GSOM Clinic Entrance Exam. / Co-requisites: C 511

C 502 AC/OM Clinic 2 - 6 credits

Prerequisite: C 401, C 402, C 403, C 501 / Co-requisite: C 512

C 503 AC/OM Clinic 3 - 6 credits

Prerequisite: C 401, C 402, C 403, C 501, C 502 / Co-requisite: C 513

C 504 OM Clinic 4 (OM Program only) -6 credits

Prerequisite: C 401, C 402, C 403, C 501, C 502, C 503, CH 402, CH 403, CH 501 / Co-requisite: C 514

C 521/522/523 Herbal Clinics 1, 2, 3 - 3 credits each

After completion of Chinese Materia Medica I, II, III and Herbal formulas I, II, III, student will try to learn how supervisors diagnose patients, design

and implement appropriate treatment plans, and use Chinese herbal formulas, patent medicine to treat different diseases in the clinic. Although designed for returning Acupuncture students wishing to get their Oriental Medicine Degree, this class can be taken as an elective by any OM student.

Prerequisites: CH 402, CH 403, CH 501

Acupuncture & Oriental Medicine Case Histories Series

Case Histories I – IV are designed as adjunctive courses to the student practitioner’s experience during AC Clinic I – III and OM Clinic I – IV. One of their major purposes is to encourage student practitioners to express their feelings and personal experiences regarding the treatment of patients during clinic. These courses answer questions and explain situations encountered during the clinic experience. Problems arising with patient attitudes and behavior, odd clinical manifestations, and emotional responses of the practitioner are discussed, and resolution guidelines developed. At the end of the course the practitioner should have a fuller and more comprehensive understanding of the acupuncture and herbal practitioners’ normal and extraordinary practice situations and be better prepared to enter a private practice.

These courses cover traditional case histories presented in classical texts, modern case histories from mainland China, case histories from patient records, and those from acupuncture journals.

C 511 Case Histories 1 - 2 credits

Prerequisites: OS 406, OS 407, OS 408 / Co-requisite: C 501

C 512 Case Histories 2 - 2 credits

Prerequisites: OS 406, OS 407, OS 408 / Co-requisite: C 502

C 513 Case Histories 3 - 2 credits

Prerequisites: OS 406, OS 407, OS 408 / Co-requisite: C 503

C 514 Case Histories 4 (OM Program Only) - 2 credits

Prerequisites: OS 406, OS 407, OS 408 / Co-requisite: C 504

HEALTH SCIENCES (HS)

HS 300 Surface Anatomy - 4 credits

Surface Anatomy provides a comprehensive understanding of the structure and function of the muscular and skeletal systems of the human body. Bony anatomy and landmarks and how they pertain to point location will be studied in detail. This is followed by a review of muscle physiology and a detailed study of musculature of the human body and how they play in point location. The lab portion of this class focuses on palpation of bones and muscles. This class is 45 hours lecture; 30 hours laboratory.

Prerequisite: HS 301

HS 301 Anatomy & Physiology I - 4 credits

This course is designed to provide an understanding of the structure and function of the major systems of the body. Basic anatomical terminology and directional terms are introduced and demonstrated, followed by study of concepts in basic chemistry, cell and tissue biology. This course also focuses on the structure and function of the integumentary, skeletal, muscular and nervous systems. The student will be guided through the surface anatomy of the skeletal system utilizing a regional approach, with emphasis on important palpatory landmarks and sites of attachments for tendons and ligaments. 45 hours lecture; 30 hours laboratory.

Prerequisite: None / Co-requisite: None

HS 302 Anatomy and Physiology 1 - 4 credits

Anatomy and Physiology 2 continues the study of the basic structure and functions of the human body which had

begun in Anatomy and Physiology 1. This course provides an in-depth study of blood and the cardiovascular system, the lymphatic, respiratory, digestive, endocrine, urinary, and reproductive systems of the human body. The student learns to identify and locate the major tissues and organs of these systems and to describe their functions. Basic concepts in nutrition and metabolism are introduced following the study of the digestive system. At the conclusion of this course, the student should understand the normal anatomical and physiological relationships among all the major systems in the human body. Lab work includes the use of tissue slides; tissue and organ models; charts and illustrations; instructional videotapes; medical equipment; physical examination/palpation of superficial lymph nodes; and basic lung auscultation and spirometry to illustrate the structure and functions of the lymphatic, respiratory, digestive, endocrine, urinary, and reproductive systems. 45 hours lecture; 30 hours lab.

Prerequisite: HS 301

HS 303 Neurology - 3 credits

Neurology is a detailed study of one of the major regulatory systems of the body. The course includes information on the histology, anatomy & physiology of the nervous system including the spinal cord and spinal nerves, the brain and cranial nerves, the sensory, motor and integrative systems and the autonomic nervous system. The major spinal nerve plexuses are discussed. The course will also consider major neurological conditions as they relate to Neuroanatomy. The students will also learn how to perform a mini-neurological exam.

Prerequisite: HS 302

HS 304 Biochemistry - 3 credits

This course serves as an introduction to the various types of biomolecules found in the human body and the metabolic processes involved in producing and transforming these molecules to

generate energy for the system. Both aerobic and anaerobic metabolism of carbohydrates, proteins and fat are discussed as well as the importance of vitamins and minerals in the regulation of these processes. This course also provides the student with a basis for understanding nutrition on a biochemical level.

Prerequisite: HS 310

HS 305 Pathophysiology 1 - 3 credits

Pathophysiology 1 addresses the underlying pathophysiological mechanisms of common human diseases from the Western medical point of view. This course provides basic understandings of pathological changes in cells, tissues, organs and systems that occur during a diseased state. Pathophysiology 1 also discusses the therapeutic basis for pathological conditions when appropriate. Topics include inflammatory response, tissue healing and repair, immunological disorders, neoplasia, hematopoietic and lymphoid disorders, and cardiovascular and respiratory disorders. This course integrates information taught in Anatomy & Physiology, Biochemistry, Neurology and other health science courses.

Prerequisite: HS 303

HS 310 Chemistry for the Health Sciences - 3 credits

Chemistry for the Health Sciences is a course designed to introduce the students to an overview of general chemistry principles. The course covers select topics in general chemistry, inorganic chemistry and organic chemistry. It is designed to give students a basic understanding of chemical principles that are necessary as a prerequisite to biochemistry.

HS 401 Medical Microbiology & Immunology - 3 credits

This course is a study of the blood and the body's defense mechanisms. It focuses on the cellular elements of the blood and the immune system and their

function in maintaining the homeodynamic balance of the body. The characteristics of the various blood cells and tissue bound white blood cells are discussed along with their roles in the inflammatory response, allergy and other immune reactions of the body. Microbiological pathogens and the generation of antibodies are discussed as well as psychoneuroimmunology and the effects of emotions and stress on immune functions.

Prerequisites: HS 302, HS 304

HS 402 Western Nutrition - 3 credits

This course covers the digestion and assimilation of carbohydrates, proteins and fats and the role of vitamins and minerals in these processes. Dietary assessment and the evaluation of nutritional status from a Western perspective are discussed as well as the use of diet therapy for the treatment and prevention of many illnesses.

Prerequisite: HS 304

HS 403 Patient Assessment 1 - 4 credits

This course applies concepts from anatomy, myology, arthrology, and neurology to the orthopedic and neurological assessment of the patient through palpation, observation, percussion and auscultation. This course covers assessment of structure and function of joints from both the appendicular as well as axial skeleton. The class emphasizes a review of surface anatomy as well as joint, muscle, and tendon and ligament palpation of the head, neck, and trunk, upper and lower extremities. The skills necessary to perform an orthopedic and neurological examination are taught for the evaluation of the patient in a clinical setting. Pertinent clinical conditions will also be discussed. 45 hours lecture; 30 hours lab.

Prerequisites: HS 300, HS 303

HS 404 Patient Assessment 2 - 4 credits

This course serves as an understanding of how a physical examination is used in

the evaluation and assessment of the patient in the development of a working diagnosis. The fundamentals of the physical examination will be covered including history taking, palpation, percussion and auscultation, as well as laboratory testing, imaging studies, and other diagnostic instrumentation. Pertinent clinical conditions will also be discussed. 45 hours lecture; 30 hours lab.

Prerequisites: HS 305, HS 405

HS 405 Pathophysiology 2 - 3 credits

Pathophysiology 2 covers the pathophysiological mechanisms of common human diseases, affecting digestive system, urinary system, male reproductive system, female reproductive system, nervous system, endocrine system, integumentary system, musculoskeletal system and calcium/phosphorus metabolism. This course provides basic understandings of changes in the body's normal physiological functions during a disease process and discusses the therapeutic basis for pathological conditions when appropriate. Pathophysiology 2 together with Pathophysiology 1 provides a basis for the understanding of diseases taught in Internal Medicine 1 & 2.

Prerequisites: HS 302, HS 303

HS 406 Health Psychology - 3 credits

This course introduces students to western concepts of psychology, including general psychology, abnormal psychology and health psychology principles. This course also prepares students to apply basic counseling skills when interacting with patients, such as reflective listening, basic stress management techniques, and referral skills.

HS 407 Professional Medical Ethics - 2 credits

This course is designed to be a cornerstone in the development of professional and ethical health care practice. State regulations and codes of

ethical conduct governing the practice and profession are discussed. General topics in the field of medical ethics are also discussed.

HS 501 Internal Medicine 1 - 3 credits

Internal Medicine 1 is a clinically oriented course with a focus on signs, symptoms, differential diagnosis, and therapy of various diseases. This course also emphasizes emergency medical conditions and the interpretation of common laboratory values relevant to the professionals in the area of holistic medicine. Topics covered in this course include common diseases of the cardiovascular, respiratory, digestive, hematopoietic, lymphoid, and immune systems. Several case histories and slides are discussed during class. A key objective of this course is to improve students' analytical thinking and clinical skills.

Prerequisites: HS 401, HS 403, HS 404

HS 502 Internal Medicine 1 - 3 credits

Internal Medicine II, a continuation of Internal Medicine 1, focuses on the signs, symptoms, differential diagnosis and treatments of common diseases. Topics include diseases of the nervous system, endocrine system, skin, appendages, musculoskeletal system, infectious diseases, geriatric medicine, pediatric medicine, obstetrics, and gynecology. Interpretation of the laboratory values, discussion of case histories, and medical emergencies will be emphasized wherever appropriate. In combination with Internal Medicine 1 and other courses, Internal Medicine 2 is designed to help students improve their analytical thinking and clinical skills.

Prerequisites: HS 401, HS 403, HS 404

HS 503 Pharmacology - 3 credits

The purpose of this course is to introduce the student to the most commonly prescribed drugs, their mechanisms of action and their common side effects. A systems approach to the application of

pharmaceuticals is used so the student will better understand the use of the medication patients may be taking. Drug interactions and food and drug interactions will also be discussed. The course provides the student with an understanding of how and why medications are used in Western Medicine and how particular drugs affect the body.

Prerequisite: HS 401

HS 601 Pharmacognosy & Toxicology of Herbs (OM Students Only) - 3 credits

This course is an extension of Pharmacology, in that it continues the study of Western drugs. In addition, the therapeutic properties of natural drugs, common herbs used in Eastern and Western medicine are studied. The physiological, biochemical and toxic effects of herbal and pharmaceutical preparations are emphasized.

Prerequisites: HS 503, CH 402, CH 403, CH 501

MANAGEMENT (M)

M 301 Practice Management - 2 credits

This course educates and instructs the graduating student in sound business traits essential to successful business and practice. The graduating student learns about setting up a practice, time management, comfort zones, insurance guidelines and carriers, marketing and advertising, professional services to aid in business growth, establishing professional relationships, generating on-going referrals, billing, and front desk procedures.

Prerequisite: HS 407

ORIENTAL SCIENCES (OS)

OS 301 Fundamental Theory of Oriental Medicine - 3 credits

This course provides a general overview of the theory and practice of Chinese medicine as well as an in-depth examination of the fundamental theory that underlies the practice of Chinese medicine and many related clinical approaches under the broader domain of Oriental Medicine. This course examines all aspects of the practice of Chinese medicine from fundamental philosophy through treatment. This course focuses in detail on the concepts of yin and yang, the five phases, vital substances, the zang fu (viscera and bowels), jing luo (channels and connections), the causation of disease, fundamental diagnostic concepts and elementary treatment principles and methods. This course serves as the foundation for all further courses in Oriental medical theory. It provides a systematic and authentic grounding in concepts that are fundamental to learning and practicing Oriental Medicine. The student is taught to reason with, and think critically about, core concepts in Chinese medicine.

OS 302 OM Diagnostic Methods - 3 credits

This course provides an in-depth study of the principles and techniques of diagnosis in Chinese medicine. The focus of the course is on the use and understanding of the Four Diagnostic Methods – Palpation, Observation, Inquiry, and Listening & Smelling. The student learns the classic 28 pulses of Chinese medicine as well as the signs of the tongue and symptom analysis. By the end of the course, the student can establish the relationship of clinical signs to the pathogenesis of disease and arrive at an accurate diagnosis based on the eight principles and visceral manifestation theory. This is both a practical and didactic class, with time devoted to the development of the

diagnostic skill of palpating, observation, and inquiry.

Prerequisite: OS 301

Pattern ID, Pathomechanisms, & Treatment Principles Series

Once the study of fundamental theory and diagnostic methods has been completed, the student is ready to begin a deeper analysis of the patterns of disease according to Oriental Medicine principles. Diagnosis and treatment in Oriental Medicine is based on the correct identification of the pattern established by the analysis of the presenting signs and symptoms of each individual patient. This course looks at many of the possible lenses through which pattern identification can be accomplished: the eight principles, the six pathogens, the seven emotions, qi, blood and body fluids, viscera and bowels, the six channels and the four aspects. The diagnostic pattern is analyzed in terms of pathomechanism, presenting signs and symptoms (including pulse and tongue) and differentiating features. The student will integrate the knowledge acquired in their Oriental Medical coursework in order to develop a stronger set of clinical reasoning skills.

OS 304 OM Pattern ID, Pathomechanisms & Treatment Principles 1 - 3 credits

Prerequisite: OS 301

OS 305 OM Pattern ID, Pathomechanisms & Treatment Principles 2 - 3 credits

Prerequisite: OS 301

OS 405 Eastern Nutrition - 2 credits

This course is designed to teach the basic principles of Oriental dietary therapy. Food and diet will be looked at from the Oriental perspective of creating balance within the body-mind. This process involves an awareness of both how to eat as well as what to eat. The factors of mental, emotional, and physical states, age, occupation, the

time of day, and season are discussed in terms of their importance in selecting an appropriate diet. The energetic qualities of each food will be studied carefully, and specific indications and contraindications given in their medicinal use.

Prerequisite: OS 301

TCM Internal Medicine Series

Having learned how to identify a pattern based on presenting signs and symptoms, in this three-term sequence of TCM internal medicine the student addresses diagnosis based on disease conditions in Oriental Medicine, as well as gynecology & male reproductive disorders. Diseases in each field are introduced by their biomedical disease name and, where relevant, differentiated into the common Oriental Medicine patterns that correspond to the diagnosis. In this way, students continue to familiarize themselves with the analytical thinking necessary for clinical work. When a patient presents a given biomedical disease, it is necessary for the OM practitioner to translate that disease into a TCM Pattern based upon the signs and symptoms. Most diseases will present as one of several possible patterns and by determining the OM pattern, the clinician is then able to decide upon an appropriate treatment strategy. The most common diseases are discussed with the pattern identification and etiology treatment principles and strategies given.

OS 406 TCM Internal Medicine 1 - 3 credits

Prerequisites: AC 302, AC 303, OS 304, OS 305

OS 407 TCM Internal Medicine 2 - 3 credits

Prerequisites: AC 302, AC 303, OS 304, OS 305

OS 408 TCM Gynecology & Male Reproductive Disorders - 3 credits

Prerequisites: AC 302, AC 303, OS 304, OS 305

RESEARCH (R)

R 511 Current OM Research Data & Methodology - 3 credits

The basic clinical research methodology for Acupuncture and Oriental Medicine is introduced in this course. Topics include comparison of traditional medicine with modern medicine; current progress in acupuncture and related research; biomedical understanding of acupuncture and Oriental Medicine; literature search and review; research design and basic statistics and computer applications and network information on traditional medicine.

Prerequisites: HS 404, HS 407, OS 406, OS 407, OS 408

ELECTIVES (In alphabetical order by course code)

These courses cover a variety of subjects, giving students the opportunity to expand their knowledge in areas of interest. Students are responsible for signing up for elective courses as they choose but must complete the required number of elective hours in their program prior to graduation. Suggested elective hours for each trimester are shown on each recommended course sequence.

AC 501 Japanese Acupuncture Diagnostic Methods (OM students only) - 2 credits

This course focuses on developing the student's diagnostic skills with emphasis on diagnosis by palpation included is the

development of pulse reading skills with students working in groups using a direct feedback method. Various methods of abdominal diagnosis are presented including the abdominal patterns for determining the use of the eight extraordinary vessels. Students also learn how to palpate for excess and deficiency in meridians and how to determine by palpation the most appropriate points for treatment. This information gathered by palpation is essential to both substantiate diagnosis by observation and questioning as well as to clarify conflicting or misleading presenting symptoms.

Prerequisite: OS 405

AC 502 Japanese Acupuncture Techniques (OM students only) - 2 credits

This course focuses on some of the subtle and refined needle techniques practiced in Japan. These include both inserted and non-insertion methods of tonification and sedation, use of intradermal needles, and use of specially designed pediatric acupuncture tools. Direct moxibustion and the use of Manaka ion pumping cords are also taught. This course is designed to complement Japanese Acupuncture Diagnostic Methods (AC 501).

AT 311 Thai Massage (GSOM Students Only) - 2 Credits

This course will introduce the student to the basic techniques of Thai massage. Thai massage can improve circulation and produce the experience of deep relaxation throughout the body. Benefits of the Thai Massage include improved blood and lymph circulation, pain relief, improvements in digestion, absorption of nutrients and elimination of waste products.

Prerequisite for GSOM: OS 301

C 505 AC/OM Clinic Elective - 2 credits

Once students finish their Acupuncture Clinical Internship series (I, II, III), they may elect to gain more clinical

experience by signing up for this elective. Student interns gain supervisor's clinical experience during which they individually diagnose patients then design and implement appropriate treatment plans, including acupuncture, herbal medicine and patent medicine.

Prerequisite: C 501

C 506 AC/OM Clinic Elective - 3 credits

Once students finish their Acupuncture Clinical Internship series (I, II, III), they may elect to gain more clinic experience by signing up for this elective. Student interns gain supervisor's clinical experience during which they individually diagnose patients then design and implement appropriate treatment plans, including acupuncture, herbal medicine and patent medicine.

Prerequisite: C 501

C 507 AC/OM Clinic Elective - 1 credit

Once students finish their Acupuncture Clinical Internship series (1, 2, 3), they may elect to gain more clinic experience by signing up for this elective. Student interns gain supervisor's clinical experience during which they individually diagnose patients then design and implement appropriate treatment plans, including acupuncture, herbal medicine and patent medicine.

Prerequisite: C 501

C 510 Facial Rejuvenation Clinic - 2 credits

This clinic elective is designed to allow Acupuncture/OM Interns (I, II, III, IV) to gain clinical experience in the use of acupuncture in cosmetology, especially in preventing and reducing wrinkles, treating facial paralysis, acne, chloasma, and hair loss. Acupuncture and herbal protocols will be used to treat these conditions.

Prerequisite: OS 515 / Co-requisite C 501

C 515 AC/ OM Clinical Preceptorship - 2 credits

This clinic elective is designed as an apprenticeship training in which the student can assist a licensed acupuncturist in private practice. This is a valuable opportunity to gain insight and understanding from direct contact with a professional at work in a clinical setting. The student can assist in patient management and in certain treatment techniques at the discretion of the practitioner.

Prerequisite: C 501

C 516 Herbal Dispensary Preceptorship (Elective for OM students only) - 1 or 2 credits

This elective is designed to provide students, under supervision, business management skills in a working herbal dispensary. Students will hone their skills in the production and preparation of raw and patent herbal formulae, learn new information regarding supplements, use inventory control practices, learn attributes of patient/customer services and general herbal dispensary maintenance.

Prerequisites: C 501, CH 302, CH 303, CH 401

C 517 Herbal Preceptorship (Elective for OM students only) - 2 credits

This elective is designed as an apprenticeship training in which the student can assist a certified herbalist in private practice. This is a valuable opportunity to gain insight and understanding from direct contact with a professional at work in a clinical setting. The student can assist in patient management as well as in certain treatment techniques at the discretion of the practitioner.

Prerequisites: C 501 and Supervising Practitioners approval.

CH 505 Patent Herbs (Elective for OM students only) - 3 credits

This course introduces approximately 100-150 effective patent medicines that can be easily purchased in the U.S. including their names, formulas, indications for prescription, and dosage. Herbal attention and precautions will be given to the verification of their efficacy by Western medical research. After this course, students must demonstrate mastery of at least 100 commonly used herbal patents and be able to apply these medicines in their clinical work.

Prerequisites: CH 302, CH 303, & CH 401

CH 600 Terminal Herbal Competency (Elective for OM students only) - 2 credits

The course is designed as a review and synthesis of Materia Medica and herbal formulation. It aims to help students achieve a comprehensive and integrated understanding of Chinese herbology as one of the cornerstones of TCM, while also assisting them in their preparation for the National Certification (NCCAOM) exam in Chinese Herbology. Upon completion, students are required to demonstrate mastery of Chinese herbology and formulation and to be able to apply this knowledge to specific cases.

Prerequisites: CH 402, CH 403, CH 501

HS 409 Clinical Nutrition 1 - 3 credits

This course provides an examination of nutrition from a Western perspective. It will provide the student with insights into problems with the standard American diet and the direct relationship between diet and health. The positive and negative aspects of dairy, sugar, salt and other common foods will be discussed, and alternatives will be presented.

HS 410 Clinical Nutrition 2 - 3 credits

This course is a continuation of HS 409. Nutritional therapy for the following conditions will be discussed – heart failure and transplant, pulmonary

disease, renal disorders, neoplastic disease, HIV & AIDS, food allergy and intolerance, neurologic disorders, rheumatic disorders, and metabolic disorders.

Prerequisite: HS 409

HS 411 Western Herbs and Supplements - 2 credits

The student will be introduced to the value and correct dosages of a variety of western botanicals. Since herbal remedies have become a factor in American health care, the need to educate patients about the truly safe and effective botanical, as well as the potentially ineffective and dangerous alternatives is a priority. This course will also address vitamin, mineral and food supplementation and their interactions with allopathic medications and Chinese herbs. Various clinical conditions and their holistic treatment will be discussed.

OS 310 Basic Chinese Language - 2 credits

This course introduces the basic pronunciation of Mandarin Chinese and teaches the student to recognize and pronounce both the Yale and Pinyin Romanization system. The student is also taught how to recognize, read and write several basic Chinese characters. Since the structure of Chinese is very complicated and the gap between spoken and written Chinese is greater than that between the spoken and written forms of other languages, the focus will be on radicals and characters commonly used in herbal medicine and medical terminology.

Prerequisite: OS 301

OS 404 Philosophy & History of Medicine - 2 credits

This course is a survey of healing systems of the modern and ancient world, both Eastern and Western. The evolution of the concepts of the individual, illness, healing and health is discussed with the goal of generating a broad perspective and deep interest in

the history of the student's chosen profession. The student will gain a deeper knowledge of the history of Chinese medicine in China and the United States and the history of biomedicine in Europe. In addition, the student will have the opportunity to review other medical systems of Asian medicine and the development of medical alternatives in the United States. This course is organized to allow the student to be able to speak and write about the history of medicine in a knowledgeable way and to give the student access to reference material that may prove helpful in the further study of Chinese medicine.

Prerequisite: OS 301

OS 500 TCM Classics - 3 credits

TCM Classics is a study of two of the most important writings in TCM history the Nei Jing and the Nan Jing. This class introduces the student to the concepts, theories and applications of the principles written about in these classic texts. This fifteen-week class spends approximately five weeks on each of the following: the Su Wen (five weeks), and Ling Shu (five weeks) of the Nei Jing and five weeks on the Nan Jing. The theories taught in these classes permeate throughout many different traditions in Oriental Medicine.

Prerequisite: C 301

OS 511 TCM Traumatology & Orthopedics - 3 credits

As a major component of Traditional Chinese Medicine, traumatology and orthopedics has a long history and employs unique therapeutic methods. With the increase in intensity of sporting and working activities and prolonged life expectancy in modern society, more and more disorders related to the muscular and skeletal system are emerging. Patients with these disorders come to form approximately forty percent of the visits to the Acupuncturist or TCM practitioner. Therefore, it is necessary for students to acquire a thorough

knowledge on the subject. The course includes special diagnostic methods and modalities of TCM traumatology and orthopedics. The treatment, prevention and post-surgical management of fracture, dislocation, soft tissue injury and chronic injury, and other osteopathy with TCM; and Modern research aspects on the issue.

Prerequisite: C 302

OS 512 Management and Prevention of Accidents - 2 credits

With the popularization of acupuncture, increasing numbers of patients with more and more complicated disorders are coming to receive Acupuncture treatments. With the developments of new modalities in Acupuncture, the possibilities of accidents and complications has also increased. Therefore, it is very important to develop a thorough understanding of acupuncture accidents and how to prevent them. Though there is a naturally recognized clean needle course required for practice in this country, it is far from ensuring total safety. The course includes a brief introduction to documented historical accidents and their prevailing conditions, general analysis of causes and categorization of acupuncture accidents and complications, local anatomy of the most potentially dangerous points, detailed analysis of accidents and management according to categories of internal organ injury, nerve system injury, blood vessel injury, acupuncture infection, and acupuncture side effects.

Prerequisite: C 302

OS 513 TCM Surgical Diseases & External Medicine - 3 credits

This course introduces non-surgical methods of Chinese medicine for diseases that are typically treated by surgical procedures in western medicine, diseases of dermatological conditions and various injuries. It will also introduce the topical application of herbs and formulas, including patent

medicines, such as ointments, tinctures, soft extracts, adhesive plasters, powders, creams, lotions and gels, etc.

Prerequisites: OS 406, OS 407, OS 408

OS 515 TCM Facial Rejuvenation - 3 credits

The use of acupuncture in cosmetology, especially in preventing and reducing wrinkles, has attracted more and more attention. Not limited the above, acupuncture has been using to treat facial paralysis, acne, chloasma, hair loss etc. Acupuncture and herbal protocols not only cure these conditions, but also make skin become fine, smooth and elastic. In this class, students will learn the most important points, acupuncture techniques, herbal formulas, and other protocols for facial rejuvenation.

Prerequisites: AC 302, AC 303, OS 304, OS 305

OS 600 Terminal Acupuncture Competency - 2 credits

This course is designed to assess student comprehension of the three years' study of oriental medicine with specific focus on acupuncture techniques and application. After review and summary all TCM theory, Meridian theory, Acupuncture energetic, needling techniques to direct student go back to view the advantage and essence of TCM acupuncture holistic system. This course will also help the student prepare and pass any type of test, especially the NCCAOM exam.

Prerequisites: OS 403, AC 413

OS 606 Advanced Chinese Pulse Diagnosis - 2 credits

This course provides an advanced TCM pulse diagnosis skill after student finished basic TCM pulse diagnosis methods. The course will introduce "Bin Hu Mai Xue" (The pulse studies of Ping Hu) by Li Shi Zhen, who is a famous ancestor doctor. Students will practice the pulse palpation in different individuals under the instructor's supervision.

Prerequisite: OS 302

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Master of Arts (East Asian Studies), Bachelor of Arts (Asian Studies), St. John’s University; Advanced Level 8 Senior Instructor Certificate, Wing Hong Yip Dragon Style Kung Fu School; 6th Degree Black Belt Master Instructor Certificate, Kukkiwon – World Taekwondo Headquarters; 5th Degree Black Belt Instructor Certificate, Chinese Swai Jiao Association; 3rd Degree Black Belt Instructor Certificate, World Tang Soo Do Association; National Referee Certificate,

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Doctor of Podiatric Medicine, New York College of Podiatric Medicine; Master of Arts (Political Science), New School for Social Research; Bachelor of Arts (Political Science), CCNY; Assistant Clinical Instructor, Gouverneur Hospital; Secondary School Teacher, New York City Board of Education; Licensed Podiatrist, New York State.

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Ph.D. Pharmacology, Cornell University; B.S. Biology, Cornell University; L.M.T. Licensed Massage Therapist in New York State; Biology Assistant Professor, NYC College of Technology; Awarded NIH Research Fellowship for Chemotherapy by Drug Polymer Conjugation; Received CUNY Faculty Collaborative Research Grant for Delivery of Therapeutic Medicine via Nano-Silica Particles; World Tae Kwon Do Federation First Degree

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Testimonials

“With your healing powers and healing studies, and your own intuitive self, you have the ability to find within yourself the best way to be a complete healer. You will help others to heal themselves. Hold steadfast in your sense of your talent; what you put out in your healing will return to you. The sense of being able to help someone else is the most gratifying feeling on this planet.”

Shirley MacAine, Actor, Writer - Commencement Speaker

“Attending New York College of Health Professions has confirmed that making a career change and choosing this College was the right decision. Class sizes here are small and much more conducive to learning. Class times are flexible which allows me to work and be a mom. The faculty is so supportive and is always there to help you succeed. It’s like having a family away from home.”

Jeanine Pena, B.P.S./M.S./ A.O.S., LMT, L.Ac. - Massage Therapy and Oriental Medicine graduate

“Everything I needed to learn I did, and I’m confident in my own abilities and my skills, so I’m not worried at all about getting a job.

Arianne Meyerricks, A.O.S., LMT - Massage Therapy graduate

“Other cultures have been around for thousands of years and have been dealing with health problems long before traditional Western medicine. New York College is continuing in a magnificent tradition. More and more people are beginning to realize the benefits, the actual healing properties and powers for different cultures’ medicine, and you are really on the cutting edge. As our health care system starts to collapse people are going to be coming to your graduates. They literally have healing hands and that is something no one will ever be able to take away from them. We are expecting them to go forth and heal the nation, heal the world – a really great responsibility. “

Al Roker, TV Host - Commencement Speaker

“Alternative medicine is not turning back the clock; it’s turning forward the clock. I don’t want to call it alternative anymore; I want to call it medicine.”

Cheryl Willis, TV Anchor, Reporter, Journalist NY1 News - Commencement Speaker

“Receiving alternative health care makes you feel good; learning about it makes you feel better; practicing it with all your heart makes everybody feel the best.”

Anastasia Seelig, B.P.S./M.S., L.Ac. - Acupuncture and Oriental Medicine graduate

“I am writing to you in gratitude for the wonderful care I received at the student clinic. I have seen great improvement in my condition and feel better each time I visit the clinic. As a cancer survivor, the compassion, caring and good humor meant the world to me and I will always appreciate the kindness.”

Mansural Khan, Ph.D.

Former Assistant Principal for NYC Schools, Former Professor at New York University - Massage Therapy Teaching Clinic Patient

“I want to come back and get my master’s in acupuncture while I’m still young.”

Yoo Jin Shin, A.O.S., LMT - Massage Therapy graduate

“We can start our own practice combining ayurvedic Medicine and acupuncture. I have a natural inclination toward natural healing.”

Harpreet Singh, B.P.S./M.S., L.Ac.

Acupuncture graduate

“My doctor gave me a cortisone shot that could not help me. The pills that the doctor gave me – even the specialist – cannot help; but when I came here, the acupuncture and herbs... that is what brought me back to life.”

Marguerite Durant - Acupuncture and Oriental Medicine Teaching Clinic patient



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